



**CFUW NANAIMO – AUGUST 2025 NEWSLETTER**

**ACTION ADVOCACY EDUCATION**

Website: [cfuwnanaimo.org](http://cfuwnanaimo.org) Email: [cfuwnanaimo@gmail.com](mailto:cfuwnanaimo@gmail.com)

Founded in 1919, the Canadian Federation of University Women is a voluntary, non-partisan, non-profit, self-funded bilingual organization with over 95 clubs across Canada.

Members are committed to improving the status of women and girls, and to enabling women to effect positive change for a sustainable future. CFUW is a member of the Graduate Women International (GWI) which works to empower women and girls through lifelong education for leadership, decision-making and peace.

**Our club has a **scent-free policy** at Club events.  
Some members have severe adverse reactions to scented items,  
including laundry fragrances, lotions, shampoos, and colognes.**



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***Deadline for September  
issue of newsletter: Sept. 5.  
Please send submissions  
to Adrienne Fraser.***

**Monday, September 23, 7 pm  
Hybrid Zoom and In-Person Meeting**

**St. Andrew's Presbyterian Church Hall  
4235 Departure Bay Road**

**We will introduce our Scholarship Recipients,  
enjoy some social time, have an opportunity to sign up for  
Interest Groups, and conclude with the General Meeting.**



# CFUW Nanaimo AGM and Dinner

Our Annual General Meeting was held on Monday, May 26, at St. Andrew's Presbyterian Church Hall.

Special thanks to Suzanne André, Hospitality Chair, for arranging the delicious dinner.

Dianne Munson, outgoing Membership Chair, presented certificates of recognition to long-term members and inducted the new Executive Committee members who attended in person or via Zoom.

*Photos: Karen Skarpnes*



**A wonderful opportunity to meet new members and reconnect with old friends.**



**The quiz was a lot of fun. We are quite competitive!**



**Overall, it was a joyful evening of fellowship, celebration and gratitude!**



## Scholarship Committee – Shona Sneddon



On behalf of CFUW Nanaimo, Carole Porter and Lynn Brown attended the Nanaimo Ladysmith Schools Foundation district awards ceremonies at the Port Theatre on June 10, and Ladysmith Secondary School on June 24.

**This year, we awarded two bursaries of \$2100 each; one scholarship for a diploma program of \$2100; and two scholarships for degree programs, one of \$2600, and one of \$2100.**

Our generosity is greatly appreciated by the recipients, and we were honoured to represent CFUW Nanaimo at these poignant and inspirational events.

*Carole Porter, CFUW NLSF liaison, Lynn Brown, CFUW VIU liaison*

## Casual Coffees

**Join Heather Marshall and/or Barb Winter for a *Casual Coffee* discussion of all things CFUW.**

This year we are shifting the day to Thursdays at 10 am, and keeping the roving location.

- **August 14 – Tim Horton's, Chase River**
- **September 11 – Just Delish in the Rutherford Mall, Nanaimo North Town Centre**
- **October 9 – The Bee's Knees, 525 3rd St.**
- **November 13 – Alice's Restaurant, 728 Nicol St.**

## Interest Groups – Linda Martin

### *The Eclectic Readers Book Group Is Looking for New Members*



**The Eclectic Readers Book Group** would like to welcome two members in September. As the name implies, we read everything from Memoirs, to Mysteries, Non-fiction, Historical fiction, etc. **The group meets at members' homes from 1:30 to about 3:30 on the third Tuesday of the month from September to June (excluding December).** Pat Murray leads the group, but sadly we have lost a few members due to changing life circumstances.

We currently have chosen books for discussion for the period September to January, and would be looking to new members to choose books and host sometime from February to May. We pick books and timing based on availability at the library and whether audio and/or large print copies are part of the library collection. Members also share books they own, or purchase a copy.

**Please contact Linda Martin for more information, or if you wish to join.**

## President's Picnic for Scholarships & 80<sup>th</sup> Anniversary Celebration

On Sunday, July 6, members gathered with family and friends in President Heather Marshall's beautiful garden for a casual potluck picnic. The event celebrated the club's achievements, raised money for scholarships, and marked the 80<sup>th</sup> anniversary of CFUW Nanaimo's founding. We were pleased to welcome a special guest, CFUW BC Council Regional Director for Vancouver Island, Deborah Dancik.

The festive atmosphere was enhanced with a beautifully decorated cake and a special display featuring the club's original charter along with vintage documents from the club's archives. It was moving to view these precious artifacts that remind us of those who came before us, and to see how they meticulously recorded their membership and programs. Their dedication inspires us to continue building on their legacy.

*Photos: Karen Skarpnes*

*It was a beautiful day!*



*The weather was perfect!*



*The food was fabulous!*



*What a great party!*





**cfuw fcfd** Realizing potential. For all women.  
Le pouvoir par le savoir.

**Save the Date!**

**Women's History Month Celebration Luncheon**

**Saturday, October 25, 2025**

***"Becoming a playwright, a musician and a member of the Canadian theatre community and why we need the arts"***

**Guest Speaker:**



**Dorothy Dittrich,  
the 2022 Governor General  
Award-winning playwright of  
*The Piano Teacher, A Healing Key.***

**Dorothy is a playwright, musician,  
composer, sound designer and teacher.**

**Luncheon hosted by *CFUW Nanaimo***

**Doors open at 11:30 am**

**Nanaimo Golf Club**

***Scant-free event***

**Tickets \$42**

**Contact [cfuwnanaimo@gmail.com](mailto:cfuwnanaimo@gmail.com)**

## Women in Action



On June 4, the *Wednesday Novel Afternoons Group* met at the home of Helen Johnson.

The group's guest speaker, Shannon Holding, related her experiences working with an NGO. The featured book under discussion was *We Meant Well* by Erum Shazia Hasan.

Seated: Mary P, Shannon H, Lyn M. Standing: Lize-marie S, Helen J, Shona S, Carol C, Rosemarie S.

On June 25, the Museum Group had a delightful trip to Victoria.



Special thanks to Pat M for organizing the exclusive tour of Carr House, the lunch at the Legislative Building, and the visit of three unique exhibits at the Royal British Columbia Museum!



Carol C, Carole P, Diana S, Karen S, Darlene G, Pat M, Jerri M, Gloria P, Lindsay W.

Needle-felted portrait of Emily Carr by Dale Roberts of Victoria