



Realizing potential. For all women.

Next Meeting: Tuesday, April 22, 2025, 7:15 pm
Benediction Lutheran Church
5575 Sixth Ave. Tsawwassen

Speaker: Alana Prochuk, Manager of Public Legal Education at West Coast LEAF.

General Meeting: Review of National AGM Resolutions

Speaker for April 22, 2025



CFUW-South Delta will host Alana Prochuk, the Manager of Public Legal Education at West Coast LEAF (LEAF – Legal, Education and Action Fund). Alana previously worked in anti-violence education with Salal Sexual Violence Support Centre and Seniors First BC. Her personal interests include poetry and community-based dance.

The West Coast LEAF presentation focusses on how public legal education can evolve to reflect feminist, decolonizing, and social justice principles. As a case study, we will discuss West Coast LEAF's current redevelopment of a workshop about consent, sexual violence, and colonial law. Get a behind-the-scenes look at our community engagement process and efforts to centre Indigenous knowledge in our redesigned curriculum.

About West Coast LEAF

West Coast LEAF is a non-profit that uses legal strategies to advance gender justice in BC and beyond. In collaboration with the community, we work for systemic change through litigation, legal reform, and public legal education.

Open to guests. Please feel free to invite people you think may be interested.

Presidents' Report, Kathy Dreisinger



I trust you are all enjoying this glorious spring weather and seeing our surroundings blossom all around South Delta! It's time for me to trek off to Cedar Rim Nursery and get thinking about planting some annuals!

We enjoyed the evening with Dan Levitt as our speaker last meeting including the equipment enhancements that our Club had borrowed for the event. The screen and the hand-held microphone were both on loan to us but they definitely helped the audience to appreciate the speaker. Now we would like to see how we might acquire our own screen and lapel microphone. We will be on the hunt for used or donated equipment for the future.

Our efforts to recruit members to step up to any of the vacant roles are so far not successful. We still foresee gaps in Vice-President, Secretary, Publicity and Program Coordinator. Now, most unfortunately, we also have a vacancy in Bursaries and Scholarships as we will lose Karen Buxton's great help in that role. My thanks to all of you who are doing one or more of the many jobs it takes to run this Club's interest groups and Executive. I appreciate that it takes some of your precious time to make things happen on behalf of us all!

Treasurer's Report, Gillian Pichler

- Account balances as of April 15, 2025:
General: \$7,199.30 plus \$33.09 in Petty Cash.
Bursary: \$11,446.68 (\$3,946.68 in the current account; plus \$7,500 in a 1 yr Term Deposit at 4.3%, maturing September 5, 2025)
Scholarship: \$86,877.82
We are monitoring our investment account carefully due to the turbulence in the markets and are in regular consultation with our financial advisor. We continue to plan to award scholarships this year while maintaining the endowed scholarship funds.
- General Account Highlights since the March 8 report:
 - National Dues were paid (\$2,200).
 - The new banner, net of the CFUW grant, was paid (\$267.75).
- Bursary Account Highlights:
 - Fundraisers complete since the last report are: Cedar Rim - \$362; Coffee - \$232; Book Sales - \$19; Thrifty Cards - \$354; for a total of \$967 (very close to one \$1,000 bursary!).
 - \$1,000 from Choir Concert ticket sales has been deposited to the Bursary Account.

Fundraising, Shelley Lyons

2025 Choral Concert: Our major fundraiser for our Bursary Fund will be held on the evening of **Thursday, May 29, 2025, 7:00 pm**, at South Delta Secondary School in Tsawwassen. This choral concert features the South Delta Sounds (award-winning choirs of South Delta Secondary School), directed by Danielle Hamilton, and the Vancouver Welsh Men's Choir, directed by Jonathan Quick.

Tickets have been distributed and **payment should be made by April 22** by cheque or e-transfer to CFUWSouthDeltaEducationFund@gmail.com, noting it is for concert tickets. Many of our wonderful sponsors will be supporting us once again. Posters are being printed and the concert should be on the website soon.

Thursday, May 29, 2025, 7:00 pm, Choral Concert Fundraiser

Our major fundraiser for our Bursary Fund will be held on the evening of Thursday, May 29, 7:00 pm at the Equinox Theatre in South Delta Secondary School. **Adults/Seniors \$25, Child/Student \$15.**

Here are some memories of the last concert in 2023. It was a wonderful evening!



South Delta Senior Secondary Choir and Vancouver Welsh Men's Choir
photos by Danielle Hamilton in *Delta Optimist*, 21 January 2023

Thrifty Foods Smile Card Program, Toni Wallis

Thank you to everyone who purchased Thrifty Cards in April. We raised \$354, which is one-third of a bursary. The next Thrifty's Smile Card purchase will be in early July 2025.

Cafe Femenino – Shuswap Coffee Sales, Paula Gallagher

Thank you to all the coffee drinkers, especially those making their first-time orders! Our latest round was our largest to date. We raised \$232 for our Bursary Fund! The next order will be in September.

Fundscrip, Paula Gallagher

Fundscrip is our Gift Card /Shopping Card fundraiser. There are now more participating retailers than ever. It is easy to use, once you know how. Paula, Katalina or Joanne would be happy to walk you through registering and using the site.

Cedar Rim Nursery Fundraiser, Paula Gallagher

The Cedar Rim fundraiser provided \$362 for the Bursary Fund. Next fundraiser will be in the Fall.

Program 2023-2024, Paula Gallagher

April 22: Alana Prochuk, Manager of Public Education at West Coast Leaf, will join us in person. Her topic will be Re-Envisioning Public Legal Education and Information. Open to guests.

Programming for 2025-2026 will be supported by the interest groups, with a goal of coming up with speakers who appeal to the community at large, as well as to Club members. A coordinator will be needed. We need a total of six speakers: September, October, January (Zoom), February (Zoom), March and April. At this point, the following five interest groups have agreed: Book Club, Indigenous Outreach, Foodies Group, Travel Group, and Bridge. We need a sixth group to be involved, perhaps Gourmet or Issues.

Membership, Toni Wallis

We have one new member, Gayle Holden, who joined at our last meeting. Welcome Gayle! This puts our membership since January 1, 2025, at 37 full members, 2 new members, 4 dual members, and 3 life members.

Social, Cindy Havdale and Carolynne Herfindahl



Summer Mixer Party

Saturday, June 7, 2025, 5:30 to 9:00 pm

Please come to the home of Kathy and Dave Dreisinger in Tsawwassen on Saturday, June 7, from 5:30 to 9:00 pm.

Partners are most welcome and also please consider inviting a potential new member (and her partner) if you know of someone.

Bring whatever you plan to drink plus an Appetizer or Dessert to share with the party. Include your serve ware if needed. We will provide the dishes, cutlery, glasses and ice.

Dress is summer casual.

RSVP to Cindy Havdale by June 1, including how many are in your party and what type of food you will be bringing.

Sunshine, Gail Moores

No cards were sent this past month.

Happy Birthdays for May include: .Gail Moores, May 11; Olga Cragg, May 25; and Judy Lee, May 26.

Please contact Gail Moores to send get-well, sympathy and thinking-of-you cards to our members.

Upcoming Events and Announcements

- **CFUW South Delta Meeting:** Tuesday, April 22, 7:15 pm, Benediction Lutheran Church, 56th Street and 6th Avenue, Tsawwassen. Speaker: Alana Prochuk, the Manager of Public Legal Education at West Coast LEAF. At the General Meeting, Shelley Lyons will lead our members through a discussion on each of the 7 Resolutions proposed for this year. Following the discussion our members will vote on each of the Resolutions. Please plan to attend and have your voice heard.

NOTE: the **May AGM meeting will take place on Tuesday, May 27, 7:15 pm**, Benediction Lutheran Church, 56th Street and 6th Avenue, Tsawwassen. There will be no speaker and the meeting should be fairly short with some time for socializing. It is important for the AGM that we have quorum! That is also the week of the concert on **Thursday, May 29, 7:00 pm**.

- **Book Club Meeting:** Wednesday, May 7, 1:00 pm. *Camera Girl* by Carl Anthony. Contact Jennifer Brajcich for location.
- **Travel Club:** Monday, May 12, 1:00 pm. Toni Wallis is presenting *A Cruise Around Japan*. Mary-Rose Rasmussen will provide location to members.
- **Foodies Group:** Monday, May 12, 6:00 pm, Mexican tapas. Contact Katalina Sewerin for more information. Note: one week early due to the May Monday holiday.
- **Gourmet Group:** Wednesday, May 21. Lunch out at Bacchus Bistro at the Chaberton Winery, Langley. Contact Olga Cragg for more information.
- **Walking Group:** meets Fridays at 10:00 am outside Delta Geeks in Tsawwassen. New members are always welcome. Contact Gail Moores.
- **Social Bridge:** meets on Thursdays. Open to new members. Contact Jan Kerklaan.
- **BC Council AGM and Conference:** May 2-4 in Abbotsford. "Embracing Change Together"
- **2025 CFUW Virtual AGM and Conference:** Friday July 11th - Sunday, July 13th, 2025

Recipe

Asparagus Spring Puff Pastry Tart



Ingredients

- 1 each whole sheet puff pastry, thawed
- 4 oz cream cheese
- 1/3 cup pesto
- 2/3 cup freshly shredded Parmesan cheese
- 1/3 cup sliced asparagus, 1-inch size
- 1/3 cup frozen peas
- 3 slices Prosciutto, torn into pieces
- Pepper to taste

Preheat oven to 425°F.

On a sheet of parchment paper, roll puff pastry out to a 10x15-inch rectangle. Wet the edges with water and fold over 3/4 inch of the pastry along each edge. Trim off a small amount along each outer edge. Prick the inside of the puff pastry all over with a fork. Transfer the pastry, parchment paper and all, to a heavy baking sheet.

Bake in preheated oven for 10–12 minutes, or until golden. Remove from oven.

Spread the par-baked pastry with cream cheese and pesto. Top with shredded cheese, then asparagus, peas, prosciutto, and pepper to taste. Be careful with adding any salt as the cream cheese, pesto, Parmesan, and prosciutto are all quite salty.

Return to oven and bake until the pastry is cooked through, and the asparagus is tender-crisp, about 10–15 minutes. Remove from oven and allow to cool for 5 minutes before slicing and eating.



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<https://cfuw.us12.list-manage.com/subscribe?u=8efb82640cb8bc1fd889b4668&id=c38dba3032>

South Delta CFUW Contacts

Members are requested to please keep their membership directories handy for contact information. If you need a printed directory, contact Toni Wallis. The directory is also now available on the member portal on our webpage.

President: Kathy Dreisinger

Newsletter: Joanne Williamson

Thank you to Toni Wallis for proofreading this newsletter.

Contact for South Delta CFUW: SouthDelta.CFUW@gmail.com

Visit our website at www.cfuwsouthdelta.com