



Realizing potential. For all women.

Join us for our Summer PICNIC!

Date: Friday, August 22, 2025

Time: 1:00 PM

Where: Diefenbaker Park (56th Street and 1st Avenue in Tsawwassen).

Parking is available in the paved lot and along 1st Avenue.

Gather on the grass near the parking lot and washroom facilities.

Bring: Your own food and drink and a folding chair to sit on.

New members welcome!

Sunfest – Monday, August 4 Call for volunteers



TSAWWASSEN
SUN FESTIVAL
PARTY
IN THE PARK 2025

Time: 2-hour shifts between 9:00 AM and 5:00 PM

Where: Winkill Park (behind the Rec Centre off 56th Street in Tsawwassen).

We will have a booth at the Festival. Please **contact Toni W.** to help with this community outreach event and boost our membership.

Presidents' Report, Kathy Dreisinger



Our 2024-25 year has been very active and enjoyable in both our social and our community supporting endeavours. The members regularly amaze me with their genuine concern for each other and for our community. Of course, the foundational purpose of our Club is to fundraise money to give out in the form of Bursaries and Scholarships each year. We raise money through Thrifty's Smile Cards, Fundschrift, Cedar Rim Nursery rebates and Café Femenino Coffee purchases. In addition to these ongoing fundraisers, this year we ran our bi-annual Choral Concert on May 29th. This delightful evening featured the Vancouver Welsh Men's Choir and the local high school's South Delta Sounds choir.

Our membership is at 46 in total, including 3 Life Members and 4 Secondary Members (those who also belong to another chapter of CFUW).

Scholarships and Bursaries given in 2024 totalled \$12,500 benefitting 9 different recipients We are on track to award up to \$14,400 in 2025.

Our Indigenous Outreach Group (since 2021) continues to raise funds through an ongoing Beverage Container Refund program. This was an “off year” for the bi-annual Garage Sale. All monies collected from these efforts are donated to the Urban Native Youth Association (UNYA) who further dispense the support to their clients who are youth aging out of foster care.

In the late fall we provide Christmas Gift Hampers to 3 different families who are using the support of Azure Place. Azure Place is a first stage Transition House for women and children fleeing violence in Delta. Our club has remained supportive of the residents of Azure Place since its establishment in 2017.

Sadly, the Side-By-Side Literacy program was discontinued after 8 years of successfully helping local youngsters catch up to grade level reading ability. The local schools need to welcome the program into their school for the program to work and this year that did not happen.

The monthly Speaker Program has been enjoyed by our Club members and often is also a draw of attendance from the community at large. New members will sometimes tell us they first became aware of our Club when we advertised a speaker in the local Delta Optimist paper. Next year we plan to have our Interest Groups each plan a monthly speaker.

Our Club has professionalized in several meaningful ways including our new e-transfer capability. We no longer rely solely on cheques to manage our membership dues and fundraising. We also are now enjoying a new projector, donated by a Club member, and a proper microphone and speaker system also donated. Our newly designed web site continues to be improved and now has a ‘Members Only’ portal. Finally, in March we had a new CFUW South Delta pop-up banner created. The 7-foot-high banner displays the new graphics and conveys relevant information to attract new members. We will proudly display the new banner at all publicity events, Club meetings and at the Choral Concert venue.

Our members are a very social group as well. In addition to the variety of Interest Groups operating within the Club (Bridge, Travel, Book, Gourmet, Foodies, Walking), we also participate in three Club-wide social events each year. The specific reports on each of these will follow.

We invite prospective new members to come out to any of our monthly meetings and to participate in any of our Social events to get to know us a bit and to help them decide if they would like to be a CFUW South Delta member and help us to further out community good works.

As we close off the 2024-25 year, we foresee a number of vacancies in Executive Positions including Vice-President, Secretary, Bursaries & Scholarships, and Publicity. We continue to struggle as a Club to balance the work involved with running a successful and thriving volunteer organization with the time and abilities our members can give to it.

CFUW has a proud history in Canada (since 1919) and in South Delta since 1966. We truly make an impact on our community and help improve the status of women by promoting education, human rights, social justice and peace in Canada and abroad.

Treasurer’s Report, Gillian Pichler

At the May 27, 2025 AGM comparative summaries for the General Club, Bursary and Scholarship Funds for the year ended April 30, 2025, were reviewed and discussed in detail. The budget for 2025-26 was approved unanimously.

For the Club's General Fund In fiscal year 2024-25, we were fortunate to receive a subsidy from CFUW National towards the costs of a new Club banner and also that the Club's website maintenance was generously donated this year.

At the March 25, 2025 General Meeting, a membership fee increase was approved. The 2025-26 fees are increased by \$11 to \$120 for full members and by \$10 to \$60 for secondary dual members and students. A fee payment schedule was also approved whereby the full amount of \$120 is to be paid by full members joining or renewing from September to December and \$60 by new members joining between January and August. The General Fund Budget prepared for the 2025-26 fiscal year reflects the increase in membership fees and is essentially a breakeven budget. It anticipates that membership will remain steady at current levels.

We are monitoring our investment account carefully due to the turbulence in the markets and are in regular consultation with our financial advisor. We continue to plan to award \$8,000 in scholarships this year while maintaining the principal amounts of endowed monies.

Bursaries of \$9,500 were paid out in the 2024-25 fiscal year and with the ongoing Cedar Rim, Coffee and Thrifty's card fundraisers and the new Nina Browzin Memorial Bursary, we expect to award \$6,500 in bursaries in 2025-26, The choir concert fundraiser in May 2025 will provide major support for bursaries to be awarded in 2026-27 and 2027-28.

Bursaries & Scholarships, Kathy Dreisinger

In 2024 we were delighted to award a total of \$12,500 to 9 different recipients. The details are:

Pat Tate Memorial	\$1,500, Mia Boguslavsky, Science, UBC
Pat Tate Memorial	\$1,500, Amanda Bovenkamp, Applied Science (Engineering), UBC
Mary Watson Memorial	\$1,500, Aida Chubbs, Engineering, McMaster
Mature Student	\$1,500, Emma Boyes, Arts and Science, McGill
Mature Student	\$1,500, Tammy Gray, Gerontology Diploma, Langara
SDSS Award	\$1,000, Madeline Plante, Science, UBC
DSS Award	\$1,000, Alana Crook, Math/Science, UBC

Total Bursaries	9,500
Afshar Family	\$1,500, Alice Pu, Applied Animal Biology, UBC
Afshar Family	\$1,500, Hayley Reid, Kinesiology, University of Calgary

Total Scholarships	\$3,000

Building on the great work done in 2024 by Karen B. and the committee, the promotion of our Bursaries and Scholarships and the easy access to the application forms through the improved website the current year looks to be quite promising.

A brand-new Bursary for 2025-26, the Nina Browzin Memorial, has been made available. As the Pat Tate Memorial and the Mary Watson Memorial gifts have been depleted these will not be awarded in 2025. We anticipate awarding 5 Bursaries worth \$6,500 and up to 4 Scholarships worth up to \$8,000 in 2025.

Fundraising, Shelley L.

2025 Choral Concert:



South Delta Senior Secondary Choir
and Vancouver Welsh Men's Choir

Once again this year, our club was fortunate to work with the talented and enthusiastic South Delta Sounds (choirs of South Delta Secondary School), directed by their tireless conductor, Danielle Hamilton, as well as the distinguished Vancouver Welsh Men's Choir, under the dynamic leadership of their new director, Alison Nixon. The synergy of these two wonderful groups was enjoyed by an appreciative audience on the evening of May 29 at SDSS's Equinox Theatre.

The event offered a prime opportunity for our club to assert a positive, recognizable presence in the community by facilitating an evening of uplifting choral music. Aside from generating a heartening energy among audience members, the concert provided a satisfying addition to our Bursary Fund. At the time of this writing, **net** proceeds from this project stand at **\$6,771.85**. This outcome will help us to provide one bursary each for young women graduates from South Delta Secondary School and Delta Secondary School, as well as for a few mature women in our community who are beginning or continuing their post-secondary studies.

Sincere thank you to all CFUW South Delta members who purchased or sold tickets, attended the concert, made a donation to our Bursary Fund, or helped to make the concert run smoothly. Your combined efforts will carry our longstanding, proud tradition of providing bursaries to local women into 2026!

Other Ongoing Fundraisers: Along with our major fundraising project for the year, our club also continued with several ongoing fundraisers for the Bursary Fund. These included Thrifty's Smile Cards, administered by Toni W.; and Shuswap Coffee, Fundscrip and Cedar Rim Nursery giftcards, administered by Paula G. Heartfelt thank you to Toni and Paula for all their work in sustaining these ongoing sources of Bursary Fund income. Kudos as well to all of the club members who participate in these long-term endeavours. Your commitment is making a positive impact in our community.

Thrifty Foods Smile Card Program, Toni W.

The Thrifty's Smile Card program which we have four times per year continues to provide funds for our CFUW South Delta Bursary Fund Program. For the year of May 2024-April 2025 we collected **\$1,314.00** which provides one and one-third Bursaries (and exceeded our goal of raising \$1,000!). The program requires us to order pre-loaded cards in bulk and our goal is to be able to buy at least \$4,000 worth of pre-filled cards at a time to earn the maximum benefit of 6% discount (or \$240) per order. This year we implemented a payment plan using e-transfer which has made the ordering very efficient as the payments go directly into our Education Fund and the cheque is issued to Thrifty's by our Treasurer. Many thanks to all who have participated in this fundraiser.



July Thrifty's Smile Card Campaign is ON!

PLEASE ORDER in denominations of **\$50, \$100 or \$200** as follows:

E-transfer to CFUWSouthDeltaEducationFund@gmail.com, noting it is for Thrifty's cards and your selected denominations,

OR,

if you pay by *cheque*, make it payable to **CFUW South Delta Bursary Fund**, note your selected denominations, and mail to Toni W. at the address listed in her email sent July 12.

Please do not send to our Post Office Box as the box will not be accessed until August.

ORDER by JULY 25!

Cafe Femenino – Shuswap Coffee Sales, Paula G.

Thank you to all the coffee drinkers, especially those making their first-time orders! Our latest round was our largest to date. We raised \$232 for our Bursary Fund! Our total for 2024-25 was **\$508**, half a bursary. The next order will be in September.

Fundscrip, Paula G.

Fundscrip is our Gift Card /Shopping Card fundraiser. There are now more participating retailers than ever. It is easy to use, once you know how. Paula, Katalina or Joanne would be happy to walk you through registering and using the site.

Cedar Rim Nursery Fundraiser, Paula G.

The Cedar Rim Spring fundraiser provided \$362 for the Bursary Fund for a total of **\$620** for the year. Next fundraiser will be in the Fall.

Program 2024-2025, Paula G.

In September 2024, we were delighted to host award winning Delta Naturalist and Author, Anne Murray. Ms. Murray's presentation drew an audience from the public as well as our membership. Her talk about the natural and ecological history of the Fraser Delta was well received.






In October 2024, we unfortunately had a last-minute cancellation from our proposed speaker, Karen Dearlove, Executive Director of the BC Centre for Women in the Trades (BCCWITT).

In January 2025, we hosted Wanda Bedard, Founder and President of 60 million girls Foundation (60mg). Ms. Bedard came to us by Zoom from Montreal. The topic was the program in Nepal to help bring menstrual health education to young girls and women. For the second year in a row, CFUW has chosen the Foundation as their international project partner.

In February 2025, we hosted by Zoom, Ian Jacques, Editor of the Delta Optimist. Mr. Jacques provided an interesting discussion opportunity on the current status of local newspapers and the changes with the journalism profession.

In March, we were fortunate to host BC Seniors Advocate, Dan Levitt. Mr. Levitt was very open to questions and comments and provided an informative evening to the many who attended.

Our last speaker of the season was Alana Prochuk, Manager of Public Education at West Coast LEAF (LEAF – Legal, Education and Action Fund). Her topic was Re-Envisioning Public Legal Education and Information.

<p>2024-25 was a terrific year for interesting speakers! Many thanks to Paula G. for her outstanding efforts to secure these inspiring and informative speakers.</p>		
	<p>Anne Murray, Delta Naturalist and Author</p>	<p>Wanda Bedard, President of 60 million girls Foundation</p>
		
<p>Ian Jacques, Editor of the <i>Delta Optimist</i></p>	<p>Dan Levitt, BC Seniors Advocate</p>	<p>Alana Prochuk, Manager, Public Legal Education, West Coast LEAF</p>

Programming for 2025-2026 will be supported by the interest groups, with a goal of coming up with speakers who appeal to the community at large, as well as to Club members. We need a total of six speakers: September, October, January (Zoom), February (Zoom), March and April. Our previous Program Coordinator, Paula G., is stepping back from the role of providing all the speakers into an oversight function for the interest groups. She has provided guidelines. She will be assisted by Ann F.

Advocacy

Azure Place Hampers for 2024, Paula G.



Thank you so much to all the CFUW South Delta members who participated in our annual Christmas Hamper project for Azure Place families, past and present. This year we had over 50% of our members helping ... donations, shopping, wrapping, organizing ... you name it, we got it done in fine style!

The picture shows the hampers packed and ready to load. Azure Place employees expressed their delight and many thanks on behalf of the families they serve.

Issues Group, Beryl M.

Over the winter the Issues group held a few Zoom discussion meetings where we discussed how to support recent CFUW Resolutions from the 2024 National AGM, such as Preservation of Peatlands, Port Security, and Standing Against Violence and Harassment in Politics. We also looked at drafting a resolution on supporting seat belt legislation on school buses. Research was done, but this issue did not go forward.

Indigenous Outreach Group, Joanne W.

The members of the Indigenous Outreach Group for 2024-25 were Paula G., Katrina M., Karen R., Ursula S. and Joanne W. We started the 2024-25 year in September by personally presenting the proceeds of our Club fundraising for indigenous youth programs to UNYA (the Urban Native Youth Association). In addition to the \$2,194.75 raised through the Spring 2024 garage sale and the year-round beverage refund program, several Club members made personal donations to the program. Later, in December, members of the IOG provided a personal outreach to all the staff and clients of the Urban Native Youth Association with a pre-Christmas cookie run of several dozen cookies.



On September 30, 2024, several of our members walked with the Tsawwassen First Nations to mark the National Day for Truth and Reconciliation. We were honoured to walk with members of our community and meet with other community activists such as members of DOVE (Delta Opposes Violence Everywhere).

As 2025 is the year for the Choral Concert Fundraiser, there is no garage sale this year. The beverage container refunds for the year have been collected at \$350, and will be given to UNYA soon, along with approximately \$250 from the sale of items left over from the 2024 garage sale, for a total of approximately \$600.

One of our main accomplishments during the year was to give attention to the Territorial Acknowledgements given at the beginning of meetings. To avoid the acknowledgement becoming rote, or a statement to “get out of the way”, the members of the group have started taking turns to personalize the moment and provide attendees with food for thought.

Thank you to all members who contribute to the beverage fundraiser. We look forward to member engagement in the 2026 garage sale next year and will be back to you with more information in September.

Other Advocacy



In October and November members brought new and gently used shoes to be placed at the Vancouver Art Gallery memorial to Missing and Murdered Women in BC on December 6, the National Day of Remembrance and Action on Violence Against Women. After the event, the shoes were donated to women’s and emergency shelters in the Lower Mainland.

Also, throughout the year, Beryl M. reports on the activities of the DOVE meetings that she attends. The Delta Opposes Violence Everywhere Committee (DOVE) is made up of members from community service agencies within Delta, such as Delta Police Victim Services and Domestic Violence Unit, Deltassist Family and Community Services, Family Justice Services and Delta Mental Health, whose focus is the prevention of relationship violence through education and connecting clients with support services.

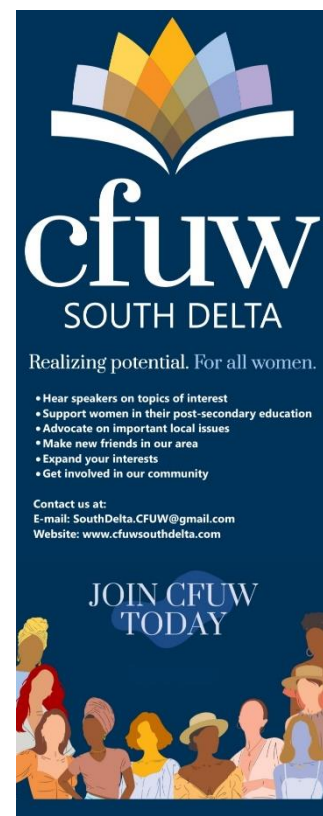
Membership, Toni W.

At the end of May we had a total of 46 members down from 49 members last year end. This is made up of 3 Life Members, 4 Secondary Members and 39 regular members. We had no award recipients join us this year although we reached out to them all, and the two that had joined last year did not rejoin. We had two members who did not rejoin us this year and one who became a secondary member. Two women did join early in 2025 - our new members are: Marjorie B-W and Gayle H. We are looking forward to getting to know each of them and hope that they will be able to contribute to the community impact for which our Club is known.

A full membership was \$109 for the 2024-25 year. The membership fees breakdown is \$55 toward National Office, \$4 to BC Council and the remaining \$50 stays in our CFUW South Delta general operating accounts.

This year we designed a new stand alone 7-foot-high banner with the CFUW National Branding graphics (portrayed here). It contains information about our group to attract new members. A grant from CFUW National helped to pay for the banner. It was available for our March 2025 Meeting and will be used at all events in which we participate.

The Club Membership Directory (with our photos) and the Membership List were both updated and published to all members in November 2024, and the Membership List was re-issued in April 2025.



Newsletter, Joanne W.

Thank you to the team of contributors to the Newsletter. This includes all the Committee Chairs, Executive members, Interest Group leaders and regular members who submit their reports, articles, announcements, photos and recipes. Toni W., backed up by Helen C. and Jennifer B., provide proofreading and expert correction of the final copy.

The Newsletter is published eight times yearly, including the Year In Review. I am excited that it is now posted to the members-only portal of our website (thank you to Judith M. for this). The Newsletter is sent to both the BC Council and to CFUW National and is circulated nationally as an attachment to the National CFUW Club Action Newsletter.

In light of the public circulation of the newsletter, at the June AGM a new protocol for using names in the Newsletter was adopted. The preference is to use first name and last name initial (with exceptions for the President and Treasurer) and, further, to group birthdays by month only, without mentioning the specific date.

Social, Carolynne H., Cindy H.

2024-25 had three social events. In addition, at each General Meeting, we take a break for conversation and refreshments, which are graciously provided by members on a rotating basis through a sign-up sheet

Summer Party, Saturday, June 22, 2024, Location: Home of Kathy and Dave D.

Members, partners, and potential members gathered for a delightful summer party hosted by Kathy and Dave D. The dress code was summer casual. Guests brought drinks and food to share, including appetizers and desserts. Dishes, cutlery, and glasses were provided. The weather was perfect, encouraging everyone to mingle both inside and outside their beautiful home.

Picnic at Diefenbaker Park, Date: August 14, 2024



We had a great time on our summer picnic, with about 14 members joining us. We welcomed Members and potential members who enjoyed a relaxed picnic at Diefenbaker Park, bringing their own lunches, chairs, and hats. It was a beautiful day filled with sunshine and great conversation. During the gathering, we went around in a circle, each person sharing what they appreciated most about CFUW.

Potluck and Silent Auction, Date: November 26, 2024, Location: Benediction Lutheran Church

Our annual Potluck Party and Silent Auction was a wonderful success! Members signed up in advance – either at the General Meeting or by RSVP email - to bring a dish to share, such as salads, main dishes, desserts, or beverages. There were also opportunities to help with set-up (10–11 a.m.), clean-up (7:30–8:30 p.m.), flower arranging, and organizing the Silent Auction. Thanks to everyone’s generosity and participation, we raised \$327.50 for the Club’s General Funds.



Sunshine, Gail M.

Seven cards were sent this year - get well, condolences, and a thank you card. Birthday wishes were announced as member birthdays approached. Please contact Gail M. to send get-well, sympathy and thinking-of-you cards to our members.

Birthdays from June to September are:

June: Nadereh H., Illa G., Judith M.

July: Beth J., Helen C., Renate L., Margo W., Katrina M., Cheryl McT.

August: Jan K., Joan L., Ursula S.

September: Brenda D., Betty C.

Interest Groups

Book Club – Jennifer B.

Since September 2024, we have met eight times and have discussed the following titles: *Covenant of Water*, *Small Acts of Courage*, *Small Things like These*, *Myth of Normal*, *Prophet Song*, *Caste*, *My Promised Land*, *Camera Girl* and *Fire Weather*. The September book will be *The Other Valley*. In July we will get together to discuss possible titles for the 2025-26 season.

We meet once a month, either on the first Tuesday evening or the first Wednesday afternoon, alternating to give those working a chance to attend half of the sessions. We have 20 active and occasional members...all are welcome.

Mystery Book Club – A One-Time Ad Hoc Club

On February 11, a pleasant afternoon was spent discussing and reviewing our favorite mystery authors. We decided it was better termed the Mystery Therapy Book Club as we turn to reading mysteries to escape from the world's ills. This was an ad hoc book club with no plans to meet again (or perhaps in a couple of years, after we read through the recommendations!). We have compiled a list with our picks and reviews which is available by request to Joanne W.

Gourmet Group – Olga C.

There are eight permanent members and three alternates. We had four delicious dinners at one of our homes. In addition, we had a Christmas celebration with drinks and appies. A very successful outing to Nitobe Garden at UBC with lunch at Brasserie Coquette happened in April.

Foodies Group – Katalina S.

The Foodies Group met monthly this past year, except for the summer months. Dining themes have included: Japanese (mostly sushi), Spanish Tapas, appetizers, and quick meals. We dined out once for the annual Dine Out Delta and plan to go to eat at a local Korean restaurant in the fall. More members are always welcome as we have not all been able to attend each meal on a monthly basis. Alternates are always invited to our Dine Out or restaurant events.

Travel Group – Mary-Rose R.

The Travel Group had a successful year in 2024-25. Six presentations were made on travels in Scotland, Brittany and Normandy, Mexico, France, Iceland and Japan. In addition, we had a discussion meeting focusing on members' favourite trips.

Bridge Group – Jan K.

In 2024-25, the Social Bridge Group increased their meetings to every Thursday. We are always looking for new members. Both South Delta Elder College and Kin Village have offered bridge lessons in the past few months. Look for an Elder College beginning bridge class in the Fall.

Walking Group: meets Fridays at 10:00 am outside Delta Geeks in Tsawwassen. New members are always welcome. Contact Gail M. to confirm the summer walks.

Upcoming Events and Announcements

- **Sunfest Booth:** Monday, August 4. Winskill Park. Contact Toni W. to volunteer for a 2-hour shift between 9 am and 5 pm.
- **Summer Picnic:** Friday, August 22, 1:00 pm. Diefenbaker Park.

- **Book Club Meeting:** Tuesday, September 2, 7:00 pm. *The Other Valley* by Scott Alexander Howard. Contact Jennifer B. for location.
- **Executive Meeting:** Monday, September 8, 9:30 am, via Zoom.
- **Travel Group:** Monday, September 15, 1:00 pm. To be confirmed. Mary-Rose R. will provide location to members.
- **Foodies Group:** Monday, September 15, 1:00 pm. To be confirmed. Contact Katalina S. for more information.
- **Gourmet Group:** Wednesday, September 17. To be confirmed. Contact Olga C. for more information.
- **Walking Group:** meets Fridays at 10:00 am outside Delta Geeks in Tsawwassen. New members are always welcome. Contact Gail M. to confirm summer start-times.
- **Social Bridge:** meets on Thursdays. New members are very welcome. Contact Jan K.
- **CFUW South Delta Meeting:** Tuesday, September 23, 7:15 pm, Benediction Lutheran Church, 56th Street and 6th Avenue, Tsawwassen.

Recipe

Super Quick and Easy Salad, Beryl M.

If you commit to bring a salad to a dinner or barbeque this summer and become so busy you don't even have time to go home, this is for you! On the way to your destination, stop to get these ingredients at most grocery stores. Just borrow a big bowl and salad servers from your host, follow the five simple steps, and voila, you are done!

- 1 Basket cherry or grape tomatoes
- 1 Large Jar marinated artichokes, approximately 340 ml size
- 1 lemon
- 1 Bag precut salad greens or arugula

Wash and half tomatoes into bowl.

Add cut artichokes from jar, reserve the marinade "juice" in the jar.

Squeeze lemon juice into marinade.

Shake and add to bowl then top with salad greens.

Toss just before serving.



For copies of this year's recipes, contact Joanne W.:

- Sangria, both with and without alcohol
- Zucchini Fritters
- Pumpkin Cheesecake
- Traditional Greek Orange Cake with Syrup (Portokalopita)
- Hasselback Potatoes

- Colcannon (Potatoes and Cabbage for St. Patrick's Day)
- Broccoli Casserole
- Asparagus Spring Puff Pastry Tart



STAY INFORMED WITH CFUW NATIONAL NEWSLETTER

CLICK LINK BELOW

<https://cfuw.us12.list-manage.com/subscribe?u=8efb82640cb8bc1fd889b4668&id=c38dba3032>

South Delta CFUW Contacts

Having a membership directory is essential for contacting other members. If you need a printed directory, contact Toni W. The directory is also now available on the members-only portal on our webpage. Keep your membership directory easily accessible!

President: Kathy Dreisinger

Newsletter: Joanne Williamson

Thank you to Toni W. for proofreading this newsletter.

Contact for South Delta CFUW: SouthDelta.CFUW@gmail.com

Visit our website at www.cfuwsouthdelta.com

Our Post Office box address is:

CFUW South Delta

#19133 – 1153 56th Street

Delta, BC V4L 2P8