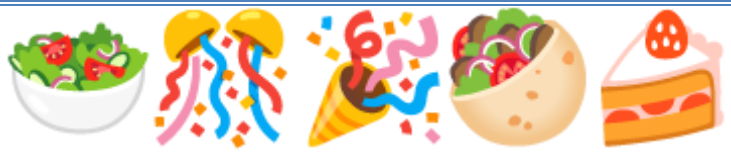
cfuw SOUTH DELTA

Realizing potential. For all women.

Next Event:	**Tuesday, November 25, 2025 – Potluck Get-Together** Benediction Lutheran Church 5575 Sixth Ave., Tsawwassen
Next Meeting:	**Tuesday, January 27, 2026, 7:00 pm** Via Zoom



Potluck Party!

5:30pm on Tuesday, November 25, 2025

Benediction Lutheran Church, 5575 6th Avenue (at 56th Street), Tsawwassen

Delicious **sharing** of yummy foods in a festive atmosphere!
Invite a guest who might be interested in our Club.
Silent Auction! Great place to find giftables and benefit the Club General Fund.

If you haven't already, please let Cindy know if you are coming and what you are bringing (appie, salad, main, or dessert). Also, if you would like to help with set-up (10-11 am) or clean up.
RSVP to Cindy H. Guests welcome, just let Cindy know.

Please bring your own cutlery and plates. We provide beverages and cups.
Please bring something for the Silent Auction
and any pairs of new or softly used shoes for donation.
Always a fun evening!

President's Report, Kathy Dreisinger



In October we asked for member feedback in the form of a short survey. The comments received indicated a general pride in our Club's community good works - Bursaries and Scholarships awarded to South Delta women, the initial founding and ongoing support for the only area transition house and our support for UNYA. Members very much enjoy the monthly speakers, the various interest groups and the social connections and friendships they've made at the Club. We have room to improve in shortening our monthly business meetings and on helping newer members get to know older members faster. Already we are taking steps to address both of these concerns. Thank you to those of you who sent back the survey with your comments!

The planning for celebrating our Club's 60th Anniversary is underway. Ideas are popping and each is being considered. We anticipate an event in either late May or June and of course more will be said as plans gel. Paula and I will apply for grant money from CFUW National and hope to use that to make our event even better.

I attended an in-person meeting of the BC West Presidents led by Eleanor Scarth our Regional Director, this time at Hycroft Manor. Among the things I learned is that both North Vancouver and West Vancouver Clubs receive monies from the BC Gaming Grants each year. This is a subject which requires input from our whole Club, and we plan to discuss it at the January General Meeting. Also, of festive note is that this year's **Hycroft for the Holidays** is planned for November 27-30. Over 40 local artisans' work will be on display and for purchase during this wonderful event.

I look forward to seeing most of you at the Potluck Party on November 25th!

Treasurer's Report, Gillian Pichler

Account balances as of November 6, 2025

General: $9,713.20
Bursary: $13,774.53 (includes $7,500 in 1 yr Term Deposit at 3.15% due September 3, 2026)
Scholarship: $89,517.19

- Membership dues have been collected from 34 of 39 non-life members as of November 8 (payment deadline was October 31).
- Members have generously donated a total of $1,500 to the Bursary Fund with their dues payments. Tax receipts will be issued to each of the donors.
- Olga C. has generously renewed the $1,500 Nina Browzin Memorial Bursary in memory of her mother for 2026.
- Proceeds of $300 for the sale of 2024 Garage Sale items was received, which will be combined with the beverage container refund proceeds of $350 for a total donation of $650 this month to the UNYA Youth Education Fund.
- The October Thrifty Smile Card fundraiser netted $246 for a total of $588 raised this fiscal year.
- In summary, bursary donations are higher than anticipated and otherwise we are on track with respect to the 2025-26 budget.

Fundraising, Shelley L.

Cafe Femenino – Shuswap Coffee Sales, Paula G.
Our Shuswap Coffee order will be arriving any day now! Once again, our order was sufficient to get free shipping. I'll provide our "earnings" in the next newsletter.

Cedar Rim Nursery, Paula G.
For those who are interested, I will be placing a Cedar Rim Gift Card order by November 27. Gift cards are available in $25, $50 and $100 denominations, and make great stocking stuffers or gifts for those with green thumbs or 'wanna-be' gardeners. Cards can only be used in the Cedar Rim store (Langley), but are able to be used for all stock be it plants, seeds, tools, pots, ornaments, etc. For those who haven't been, it is a gardener's dream shop.

We receive 20% back on our purchased cards, i.e. we purchase a $100 card; $20 comes to the Bursary Fund. It is a very good deal! Please call Paula G. if you would like to place an order or if you have any questions.

Thrifty Foods Smile Card Program, Toni W.
For our October Smile card order, we raised **$246** for the CFUW South Delta Bursary Program.

New Campaign – Order by November 25
Our next order For Thrifty's Smile cards will be placed December 1 so we can have the cards before Christmas food shopping. Please submit your order for Thrifty's Smile cards by November 25.

The Thrifty's Smile Card program which we run four times per year provides funds for our CFUW South Delta Bursary Program. For all members, we order the cards in bulk, in denominations of $50, $100 or $200. Our goal is to be able to buy at least $4,000 worth of pre-filled cards at a time to earn the maximum benefit of 6% discount (or $240) per order.

Please order by etransfer to **CFUWSouthDeltaEducationFund@gmail.com** noting it is for Thrifty's cards,
OR
if you pay by cheque, it should be payable to **CFUW South Delta Bursary Fund** and mailed to CFUW South Delta, #19133 – 1153 56th Street, Delta BC V4L 2P8, **or bring to the Potluck on November 25**

Fundscrip, Paula G.
Our Fundscrip fundraiser is continuing. Now is a great time to check it out as gift cards are very popular items for the "hard to buy for", and stocking stuffers. There are countless participating retailers ranging from Tim Horton's and Subway, to Lululemon, the Gap and Sport Chek, etc. Interested? Call Paula G. or Joanne W.

Program 2025-2026, Paula G. and the Interest Groups

We are finalizing our speakers for the year. The full list will be on the website within the next week. We have a very diverse and interesting schedule planned. Thank you to the interest groups for bringing forward these exciting speakers!

Please remember that our January and February meetings are BY ZOOM.

Advocacy

Delta Opposes Violence Everywhere (DOVE), Beryl M.
Saturday, December 6 is the National Day of Remembrance and Action on Violence Against Women. It is also the anniversary of the 1989 École Polytechnique Massacre (also known as the Montreal Massacre). On this day, we remember the 14 women who were murdered simply because they were women who were studying engineering. The École Polytechnique Massacre is an example of the deadly impacts of gender-based violence and anti-feminist sentiments. Help us mark this solemn occasion with your shoe donation.



Please bring your gently used shoes and boots to the November 25 Club Potluck to be placed at the Vancouver Art Gallery memorial to Missing and Murdered Women in BC on December 6, the National Day of Remembrance and Action on Violence Against Women. After the event, the shoes will be donated to women's and emergency shelters in the Lower Mainland.

Azure Place Hampers for 2025, Paula G.
We have had a very good turnout of "hamper elves" as well as donations! Thank you!! The hampers themselves are coming along, and I anticipate they will be completed well before our pickup date of December 2. If anyone wishes to donate to the hampers or to Azure Place, please contact Paula G.

Indigenous Outreach Group, Joanne W.



On November 12, Paula G., Karen R., and Joanne W. presented the proceeds ($650) of recent fundraising to Owen Ballendine and Deanna Henry of UNYA (Urban Native Youth Association), along with some personal donations from Club members. We had a brief tour of the classrooms and heard about ongoing training programs and the summer community garden project. The centre also functions as a weekly food distribution centre and has a small clothing cupboard (donations of winter jackets would be particularly appreciated).
On our visit a year ago, we arrived at UNYA with home baking in hand. It was such a success that we did it again this year and were met by smiles and thanks. When we left the building this year, a young woman asked us if we were "the grandmas" who did the baking. When we said "yes", she gave us a huge grin, told us how good the cookies were, and how they were much appreciated by the youth. So-o-o happy!

Please keep donating your beverage containers to this worthy cause. Our "code" at Return-It is 778-233-6551.

The Spring Garage Sale will be coming up at the end of March or early April. Don't worry about this until the New Year, but please set aside your garage sale items! We should have the date set by January. Look for more information coming on this.

Membership, Toni W.

We currently have 37 members including 3 Life Members, 3 Secondary Members and 31 regular members. We have had six members indicate that they are not rejoining for the 2025-2026 year, but a couple may come back in the future. We have had 3 new members join us since September 1st. Welcome Dawn M., Oksana B. and Lindsay W. We all look forward to getting to know you better in the months ahead.

An updated membership list is being compiled and information for the Membership Directory (with pictures) is also in progress, but I still need a few pictures. The new name badges will be ordered soon and should be available for the Potluck dinner.

Social, Cindy H., Rita W.

The November Potluck is one of our social highlights of the year. See the first page of the newsletter for all the invitation information.

Sunshine

The President sent a condolence card to Olga C. on the passing of her husband.
Happy December Birthday to Karen R. and Happy January Birthdays to Joanne W. and Rita W.

Interest Groups

Book Club



2025 marks the 250th anniversary of Jane Austen's birth on December 16, 1775. Celebrations are happening worldwide, and we are going to have one here in South Delta.

On **Tuesday, December 16, 2025**, from **2:00-4:00 pm**, you are invited to the home of Joanne W. for high tea, Austen trivia, and readings from Jane Austen's novels. Scones, clotted cream and jam, small savories, cucumber sandwiches and tea from a silver tea set (thank you, Jennifer) in bone china cups.

Kindly RSVP to Joanne by **December 12** so I know how many scones to make. All Club members are welcome.

Upcoming Events and Announcements

- **CFUW South Delta Meetings:**
  - **POTLUCK**, Tuesday, November 25, 5:30 pm. Benediction Lutheran Church, 56th Street and 6th Avenue, Tsawwassen
  - Next General Meeting, Tuesday, January 27, 7:00 pm, by Zoom.
- **Book Club Meeting:**
  - Tuesday, December 16, 2:00-4:00 pm. Celebration of the 250th Anniversary of the birth of Jane Austen. Contact Joanne W. to RSVP.
  - Wednesday, January 7, 1:00 pm. *Everyone Who is Gone is Here* by Jonathan Blitzer. Contact Jennifer B. for location.
- **Executive Meeting:** Monday, January 12, 9:30 am, via Zoom.
- **Travel Group:** Monday, January 12, 1:00 pm. Topic: TBA. Mary-Rose R. will provide location to members.
- **Gourmet:** do not meet in November due to the Club Potluck. Next event: December 17, Festive Appies Social, spouses/partners invited.
- **Foodies:** do not meet in November due to the Club Potluck. Next event: Monday, January 26, 2026, 5:00 pm at Pat Quinn's for Dine Out Vancouver menu.
- **Social Bridge:** meets on the 2nd and 4th Thursdays of each month. New members are very welcome. Contact Jan K.
- **Walking Group:** start of this group has been postponed to the Spring. It will be on Thursday mornings at 9:50 am at the Ferry Road Boat Launch, Ladner. Contact Pamela P.
- **TEDx, "**A Shift in Thinking", Saturday, January 24, 2026, 10 am–3:30 pm, Bell Performing Arts Centre, Surrey. Several members now have tickets. The event is nearly **sold out** but some tickets are still available. Early bird deadline is November 30. Website is https://tedxsurrey.ca/event-info/. If you purchase your own ticket, let Paula G. know as we will be arranging carpooling.

Recipe

As we move from Thanksgiving and Halloween into winter holidays, we are not quite done with wonderful pumpkin spice flavours!

Pumpkin Pie Fool with Chocolate Nut Crumble – from Melanie B's recipes

4-6 servings

Fool is a classic English dessert, traditionally made by folding a stewed fruit into a creamy, sweet custard. This modern take adds layers of sweet pumpkin flavour and swaps out much of the cream for higher protein Greek yogurt. The crunchy chocolate topping is a special finishing touch.

Fool	
3/4 cup	pumpkin puree
2 Tbsp	maple syrup
1/4 tsp	cinnamon
1/4 tsp	ginger powder
1/4 tsp	ground cardamom
1/8 tsp	ground cloves
1 tsp	vanilla extract
1/4 cup	heavy whipping cream
1 1/2 cups	plain 2% Greek yogurt

Crumble	
1/2 cup	pecan halves
1/4 cup	cocoa powder
2 Tbsp	melted coconut oil
2 Tbsp	maple syrup
1/2 tsp	cinnamon
1/4 tsp	salt

To make the fool, Place pumpkin in a bowl and stir in maple syrup, cinnamon, ginger, cardamom, cloves and vanilla.
Place whipping cream in cold metal bowl and whip to soft peaks. Gently fold in yogurt and pumpkin mixture.
To make the crumble, finely chop pecans and place in bowl.
Add cocoa powder, coconut oil, maple syrup, cinnamon and salt and stir until well combined.
Heat skillet over medium heat. Add pecan mixture and heat, stirring occasionally to break up clumps, until it becomes dry and smells slightly toasted. Be careful not to burn the mixture.
To serve, place pumpkin fool in 4-6 serving bowls and top with chocolate nut crumble.

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CLICK LINK BELOW
https://cfuw.us12.list-manage.com/subscribe?u=8efb82640cb8bc1fd889b4668&id=c38dba3032

South Delta CFUW Contacts

Having a membership directory is essential for contacting other members. If you need a printed directory, contact Toni W. The directory is also now available on the member portal on our webpage. Keep your membership directory easily accessible!

President: Kathy Dreisinger

Newsletter: Joanne W.

Thank you to Toni W. for proofreading this newsletter.

Contact for South Delta CFUW: SouthDelta.CFUW@gmail.com

Visit our website at www.cfuwsouthdelta.com

Our Post Office box address is:

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