cfuw Realizing potential. For all women.




# CFUW SOUTHPORT FEBRUARY 1st, 2026, NEWSLETTER

CFUW Southport Website: cfuwsouthport.ca Email: cfuwsp@gmail.com
E-transfers go to: cfuw.southport.members@gmail.com
Facebook: https://www.facebook.com/profile.php?id=61554990364520&mibextid=ZbWKwL
Instagram: https://www.instagram.com/cfuw_southport/profilecard/?igsh=MTk5ZG44cHBqemVjbA==
Scholarship: scholarshipsp@gmail.com

## FEBRUARY CALENDAR

| | | | |
|---|---|---|---|
| February 2 | 1:30 pm | Bookmarks Book Club | (Catherine Taylor) |
| | 7:00 pm | Between the Lines Book Club | (Judy Moir) |
| February 4 | 7:00 pm | Advocacy Meeting | (Samantha Trumbley & Suzanne Steed) |
| February 6 | 1:30 pm | First Editions | (Shelleen Nelson) |
| February 11 | 7:00 pm | Membership Meeting | |
| February 14 | | Valentine's Day | |
| February 16 | 7:00 pm | Euchre | (Brenda Greenwood-Vernem) |
| February 17 | 1:00 pm | Euchre | (Heather Conlin & Michelle Jardin) |
| February 19 | 7:00 pm | Executive Meeting | (Judy Moir, Kathleen Wallace, Odette Bartnicki) |
| February 20 | 1:00 pm | Knitting Group | (Suzanne Steed) |
| February 21 | 10:00 am | Ontario Council Speaker Series | (see poster page 5) |
| February 24 | 6:00 pm | Cooking Club | (Kathleen Wallace) |
| February 28 | 4:00 pm | Coldest Night of the Year | |
| February 26 | 1:30-3:30 | Board Games | (Karen Sooley – See Page 5) |
| March 2 | 1:30 pm | Skoob Book Club | (Pat Sanagan) |
| March 22 | 9:00 am | Rovers Event (see page 5) | (Lorraine Boucher & Sandra Mercer) |

**CFUW Southport Caring Committee – Caring is what we do**

**Contact the Caring Committee at cfuwsouthport@gmail.com if you**

- need a ride to CFUW activities.
- know of a CFUW member who is hospitalized, recovering, or dealing with prolonged illness.
- hear of the death of a member, or the death of immediate family of a member.
- are feeling lonely and would welcome a call or visit.
- are a new member looking to make connections with other members.

# Happy Valentine's Day

# LEADERSHIP TEAM MESSAGE:

Welcome frosty February and the month of LOVE!
CFUW Southport members will show their love of community by participating in the **Coldest Night of the Year on February 28** (see more on page 5). Please consider supporting the team if you are not able to join. Funds raised support people in our community.
Our very own **Caring Committee** is all about connecting members and caring for each other. Reach out if you or someone you know would appreciate a ride to a meeting, a visit or even a card to say, thinking of you.

Throughout the year, CFUW Southport shows up to support women through events such as, **Take Back the Night**, the **Vigil** honouring the **National Day of Remembrance and** Action on Violence Against Women, **Bernie's Boat** in support of breast cancer survivors, and many other ways that individually and collectively we demonstrate the power of women and friendship to change the world for the better.

Even as we may feel overwhelmed with what is happening in the world, we know that women together are a powerful force and love does conquer hate.

Wishing you a month filled with love, peace and a little chocolate!

The Leadership Team: *Judy Moir* *Kathleen Wallace* *Odette Bartnicki*
Judy Moir Kathleen Wallace Odette Bartnicki

PS hoping Willie predicts an early spring!

# SCHOLARSHIP UPDATE:

The Scholarship Committee met on January 13th to review our financial position and plan for the 2026 scholarships. We would like to thank members for their generosity. 41% (44 of our 107 members) donated $4,140.00 to the Scholarship Fund this year, and two successful raffles netting **$860.00** were conducted at general meetings, for a total of **$5,000.00 dollars**. If you'd still like to contribute, donations are gladly accepted at any time in the year, and any amount is very much appreciated. Please send your contribution by e-transfer to: cfuw.southport.members@gmail.com, and include a memo to indicate that it is for the Scholarship Fund. CRA-eligible receipts are sent out for tax purposes.

The following categories of scholarships are provided to women, and individuals who identify as women, annually:

- **High School Graduate Scholarships**, including scholarships for Indigenous students
- **Mature Women Scholarship(s)** – for women who have been out of high school for at least one year
- **Carolyn Day Memorial Scholarship** – for a woman who is or has been in the care of Bruce Grey Child and Family Services
- **Women in Trades Scholarship** – initiated in 2025 and totally funded by local contractors for women graduating high school or mature students pursuing trades qualifications

For further information, click on **CFUW Southport Scholarship Program.** Scroll down to find the various scholarships and criteria for each type. Feel free to share with potential candidates you may know too!

# JANUARY 14th LUNCH 'N LEARN RECAP:

The **Program Committee** pulled off another stellar Lunch 'N Learn event with lovely flowers and organization making lunch service seamless. 55 Members attended at Walker House to enjoy some social time, followed by a wonderful meal of chicken pot pie, quiche or crab cakes. Our member and guest speaker, **Professor Martha Bowden,** enlightened us about 18th Century Women Writers, and left us to reflect on the similar challenges being faced by women then and now. Martha ended with this quote so illustrative of CFUW Southport:

***"Friendships and learning are the most important gifts a woman can have."***





# NEXT MEETING: FEBRUARY 11TH at the Museum 7:00 pm

**Guest Speaker: Tracy Primeau  Topic: Women in Nuclear Power**

Tracy Primeau began in 1990 as a nuclear operator at Pickering A, moving to the Bruce A in 1995, progressing to Authorized Nuclear Operator and to Shift Manager in 2010. She is one of the few women (the only Indigenous one) to become a licensed operator at Bruce Power, and the only female Shift Manager to work her way up from the shop floor.



Ms. Primeau is a mentor and role model to many men and women in the energy sector. She offers insights on diversity, women in STEM and Indigenous relationship building through her company, Agile Bear, founded in 2021.Tracy currently serves on the Board of Directors for OPG, Ingenium, United College Board of Governors, and the University of Waterloo.

Tracy is a proud member of the Nipissing First Nation and strives to use the **Seven Grandfather Teachings** in her leadership daily. Raising two sons with husband Dave, Tracy has always been active in her community. Among her many aspirations is the global expansion of clean energy, with a special focus on extending benefits to remote Indigenous communities across Canada.

**BOOK SALE TOO!** Please remember to bring your used books to contribute to the sale, and cash to purchase new to you books for your winter reading pleasure. Proceeds will go to the CFUW Southport **Coldest Night of the Year Team** fundraising.

# KNITTING & CROCHET GROUP - February 20th 1:00 pm

Looking for a warm and welcoming place to create, connect, and unwind - literally? Our Knitting & Crochet Group brings together stitchers of all skill levels for a good yarn and creative inspiration. Whether you're picking up needles or hooks for the first time or you've been crafting for years, you'll find encouragement, shared tips, and plenty of laughter.



We work on our own personal projects — just bring what you enjoy working with. Join us for a cozy time of stitching, friendship, and the simple joy of making something by hand. New members are always welcome! We meet the third Friday of every month at 1pm. If you're interested contact Suzanne Steed at cfuwsp@gmail.com

# Dinner Club



CFUW November 22/25 Dinner Club at the Wises
I to rt- Doug Wise, Michele Wake, Luz-Maria Alvarez-Wilson, Dian Wise, Chuck Wilson, Bev. White

The Dinner Group members have been busy cooking and socializing. Dian and Doug Wise, Lorraine and Gerry Boucher and Marianne McKerlie each hosted a dinner in their lovely homes. Members and their partners enjoyed delicious meals and interesting conversations.



# Cooking Club

Lin and Ken Johnson hosted a Christmas Social.
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Photo L-R (Back): Liz Owen, Gerry and Lorraine Boucher, Murray and Mary Sye, Michele Wake, Dian & Doug Wise, Charles Wilson and Dale Sherwood. Front Row L-R: Luz Maria Wilson, Ken Johnson and Doug Owen. Photo credit: Lin Johnson,

# **NEW GROUP STARTED IN JANUARY – BOARD GAMES

Join our new Board Game Group! Do you enjoy playing board games? Come roll the dice with us. Whether you are a seasoned strategist or a casual player, this group is the perfect place to meet new people and learn some new games. No experience necessary. Our next gathering will be **Thursday, February 26th at 1:00 pm at Odette's house.** Contact **Karen Sooley** at cfuwsp@gmail.com to claim your seat at the table!

# ROVERS UPCOMING EVENT

**MUSIC OF THE NIGHT: The Concert Tour, A Celebration of Andrew Lloyd Webber**
When: **Sunday, March 22 at 2:00pm**
Where: **River Run Performing Arts Centre, Guelph** Cost per ticket: **Adult: $69. Senior: $59**

**Lorraine Boucher** and **Sandra Mercer** are looking into the possibility renting a bus if numbers are sufficient so that we can all enjoy a drive-free outing. More info on transportation will be forthcoming.

# ONTARIO COUNCIL SPEAKER SERIES

Don't forget to register!







Support our members who generously support CFUW:

Thank you Judy & Lynne! Other advertisers welcome.







# COLDEST NIGHT OF THE YEAR FEBRUARY 28

It's cold out there and there are many people experiencing hurt, hunger and homelessness. CFUW members across Canada are walking to raise funds to support and serve people and families who need support. You can join the **CFUW Southport Team** and/or support our fundraising efforts by clicking on **Coldest Night**. All funds raised here stay in Saugeen Shores! Every little bit helps make Saugeen Shores a caring place to live. Please do what you can to help.

# CFUW SOUTHPORT MEMBERSHIP

Thank you to everyone who paid their dues by December 1st. As of January, we have

## *107 wonderful, talented CFUW Southport Members*

We are always open to new members **year-round**. You may invite anyone who might be interested in checking us out to attend one regular meeting (not a Lunch 'n Learn) without cost or obligation.

As per our Bylaws, anyone who chooses to join CFUW Southport ***"after February 1st and prior to May 1st shall pay only 50% of the annual membership dues"***. After May 1st new members ***"shall pay the current annual membership dues which shall provide them with membership until August 31st of the next Fiscal Year, even if the dues increase thereafter for the next fiscal year"***.

# CFUW SOUTHPORT MEMBERSHIP DIRECTORY

Thanks to Brenda Greenwood-Vernem, we have a complete updated Membership Directory. Please discard any previous Membership Directory and save the one sent with this newsletter to your desktop or print it if you wish. The Membership Directory is also available in the Members Only section of our website.

Note: If there is any error in your information, please let Lesley Anderson know so that it can be corrected.

**Note: Why don't we use personal emails in CFUW Southport Communications?**

Your safety and security are important to us! Our Newsletters are posted on our website in the public access section. Potential future members can find information about CFUW Southport here. This would also be accessible to the public (aka people we don't know). That's why we don't share personal emails in our publications. We don't want someone to misuse this information in a fraudulent way.

This February 1st Newsletter is sent to you by email, along with the **2026 CFUW Southport Membership Directory**. You can save it to your own desktop, or you can print it if you wish. Members can go to the **Members Only** section of the website to find the Membership Directory.

If you want to contact any member of the Executive, Committee Chairs or Facilitators of Book Clubs and Interest Groups and you don't know the name, you can email cfuwsp@gmail.com and we will happily forward your message.

## *Happy Valentines Day*

