



cfuw fcfdu
CORNWALL AND DISTRICT

DISPATCH
AUTUMN 2025
Issue 22

Website: <https://www.cfuwcornwall.com/>

Email: cornwallcfuw2020@gmail.com

70th Anniversary Edition



Table of Contents

70 th Anniversary Celebration	1
President's Message	2
2025 – 2026 Executive	3
Upcoming Club meetings	3
70 th Anniversary Address	4
Nancy Taylor Autobiography	5
Auction 'Save the Date'	5
Fees for 2025-2026	5
Honoring our NONAS	6
Scholarship	7
Tree Dedication	8
70 th Anniversary Fun	9
More Auction Photos	10
2025 Holiday Auction	11
National News	12
Ontario Council News	13
Outdoors Group	14
Excursion Group	14
Gourmet Group	15
Book Club	15
Holiday Auction Calendar	16



President's Message

President's Message - November 2025

I was listening to a podcast a few weeks ago, where the female host (Dr. Kelly Casperson) was interviewing a male researcher (Dr. Christopher Wallace) on the outcomes of patients with male and female surgeons. Dr. Wallace's research shows that patients, especially women, have better outcomes with female surgeons.

During the course of the interview, they discuss many points. The ones that hit home for me, were:

- Female surgeons are more likely to make sure that all of their patient's conditions are stable before surgery
- Female surgeons are more likely to take more time with each patient
- Female surgeons are more likely to ensure there is home care for the patient
- Female surgeons are more likely to be open to questions from their patients

Even though their patients have better outcomes, female surgeons are being paid less than male surgeons. This is on top of the fact that, by taking more time with each patient, they see/treat less patients in a day, lowering their possible earnings.

Dr. Wallace's research is another opportunity for society to realise that there needs to be a change. Would it not make sense for all surgeons, regardless of gender, to spend more time with their patients, answer more questions, make sure that all of their patients' conditions are stable before surgery, and that there is home care arranged before discharging the patient? The change needs to start early, in how children are socialized. If all children were socialized in the manner that, traditionally, girls are, there would be systemic change throughout our society. The way forward is not for girls and women to learn how to survive in a society set up by men for men. The way forward is to stimulate significant societal changes so that all people, of all cultures, and all genders could benefit and thrive. In science research alone, this change would revolutionize what studies are done; who the study participants are (white males only make up 9% of the world's population, yet make up the majority of study participants); and what is being studied (women's health would feature more prominently).

As you interact with the boys, girls, young men, and young women in your communities, take the time to observe and become aware of the differences. What can we do to make changes now? Where can we encourage boys, and young men, to take more time, be more considerate of others, to have empathy for those less fortunate, or marginalized, in their communities? How can we affect change in our society now, to benefit future generations?

The male perspective on this topic is integral to societal change. We will investigate that another time.

Links to Dr. Wallace's research studies, as well as Dr. Kelly Casperson's podcast interview, are included below.

Patients operated on by female surgeons had lower health-care costs: Study - Published Dec 1, 2023
<https://www.utoronto.ca/news/patients-operated-female-surgeons-had-lower-health-care-costs-study>

Female patients operated on by male surgeons more likely to die, suffer complications: U of T study - Published January 11, 2022
<https://www.utoronto.ca/news/female-patients-operated-male-surgeons-more-likely-die-suffer-complications-u-t-study>

Dr. Kelly Casperson Podcast:
 "Male vs. Female Surgeons: What the Research Really Shows"
 YouTube link:
https://www.youtube.com/watch?v=QjrK_NWjW58

CFUW 2025-2026**Executive Committee**

President:	Beth Grant
Vice-President:	<i>Position Available</i>
Past President:	Josephine Sheppard
Recording Convenor:	Elaine Kennedy
Treasurer:	Betty Eadie
Programme:	Peggy Campeau
	Heather Megill
Membership:	Francine Patenaude
	Valerie Johnson
Communications:	Carol Esdale
Archives:	Barbara Summers
Resolutions:	Elaine Kennedy
Scholarship Committee:	Sheila Casgrain
Media Liaison:	Josephine Sheppard

CFUW Cornwall & District Website <https://www.cfuwcornwall.com/>
 email: cornwallcfuw2020@gmail.com

CFUW Ontario website
<https://cfuwontcouncil.org/>

CFUW National website
www.cfuw.org



Upcoming CFUW Cornwall & District Meeting and Event Dates

November 25, 2025

Event: Holiday Auction Finale

Place: St. Matthew's Church

Refreshments: Potluck
appetizers and desserts

Time: 6:00 pm

January 27, 2026

Place: Best Western Hotel

Time: 6:00 pm

Speaker: Brenda Wachmann

Topic: Brenda's travels to Peru
and Columbia

February 24, 2026

Place: Home of Hilary
Blackburn, Long Sault

Time: 6:00 pm

Event: Celebration of
International Women's Day
Refreshments: Members will
bring finger foods or drinks

March 24, 2026

Place: Ontario Power
Generation Centre

Time: 7:00 pm

Programme: Resolutions
Debate and Vote

Leader: Elaine Kennedy
Light refreshments provided by
the attendees.



AUCTION FEVER HAS BEGUN!



INFORMATION AND TEASERS ON PAGE 11

HOLIDAY AUCTION CALENDAR ON PAGE 16





Address for 70th Anniversary of CFUW Cornwall and District

Good afternoon, friends, distinguished guests and cherished members of the Canadian Federation of University Women Cornwall and District.

It is my honor and joy to stand before you today as we celebrate a remarkable milestone, the 70th anniversary of the founding of our Club. A milestone that speaks to the strength of vision, fellowship, and commitment that has guided us since 1955.

70 years ago, on August 16th, Miss J.L. Cameron and 58 visionary women came together with a shared belief in the power of education, fellowship, and advocacy. They believed that education was more than a personal

achievement- it was a pathway to justice, opportunity, and a stronger society. Their courage and determination created a community that has fostered learning, promoted equity and strengthened the voices of women across Canada and beyond. The one remaining member of those 58 women, Nancy Taylor, continues to support and follow our club's activity to this day.

Through the decades our club has awarded scholarships, supporting young women in their studies and raised awareness of issues that shape our society. We have stood together for equality, for justice, and for the advancement of education as a tool for change. We have engaged in community advocacy, created opportunities for interest groups and lifelong learning and stood together for societal change. Each generation of members has carried forward the belief that education and fellowship can transform lives.

Today as we honor our founders and recognize the generations who followed, we also look forward. A platinum anniversary is not just a celebration of what has been accomplished- it is a call to imagine what comes next. The challenges of today demand the same courage, creativity, and conviction that our Founders showed.

So let us continue their work with pride, with energy, and with hope. Let us keep empowering women, nurturing education, and shaping a fairer, brighter future for all.

Here's to 70 years of fellowship, advocacy, and learning –and to the many chapters of progress yet to be written.

Thank you!

Jennifer Adams

Each issue of the CFUW Cornwall and District Dispatch will feature an autobiography of one of our members. We hope that this will help us to get to know each other a little better. We invite all members to submit a photo and a brief autobiography for publication in a future edition of the Dispatch. We all have a story and we'd like to hear yours!



Nancy Taylor Autobiography, as told to Jennifer Adams

"I had the pleasure of visiting Nancy, the only Founding Member of our club who is still with us at her lovely apt in Chateau Cornwall. Nancy has been a member and supported our club for 70 years!

Nancy tells me she graduated from Three Rivers High School. From there she attended Mount Allison University and graduated with a BA, Cum Laude, Honors English in 1952. While she attended university Nancy was the Editor of the Argosy Newspaper. Upon graduation she worked for the CBC in Toronto as a Script Assistant in the News

Department. She related to me how exciting it was to be in the audience when CBC launched its first TV show in 1952.

She married John Ellis Taylor in 1953 and settled in Cornwall. While living in Cornwall, she was a charter member of the University Women's Club, a member of the Centennial Choir, Trinity Anglican Church, a board member of the Children's Aid Society, the YM -YWCA, the Cornwall Golf Club, the Cornwall Curling Club and participated in the Operatic Society. She also volunteered as the Blood Donor Clinic Chair, worked in the GlenStorDun Lodge Library and assisted with Meals on Wheels. Throughout her life Nancy has enjoyed reading, playing the piano, duplicate bridge, community concerts, golfing, curling, trips to Wales with the Centennial Choir and summers at a cottage on our beautiful St Lawrence River.

When Nancy joined CFUW Cornwall and District she remembers fondly Jean Cameron, Lois Crowfoot, Verna Levere and many others. The most important event at that time was the Book Fair which raised considerable funds for the Scholarship Committee. She was the Recording Secretary at some point in her membership.

Above all she tells me she has dearly loved and enjoyed her family of three daughters and was very fortunate to have a mostly happy and full life and was able to cope with the bumps thanks to her husband and friends."

A Note From Nancy Taylor - I am sitting here in the sunlight enjoying the beautiful mum plant you have given me. It is a welcome splash of freshness in my life, and I do appreciate your thoughtfulness, not to mention the warm and friendly visit from the one-armed deliverer. I wish both of you and our CFUW Chapter great success in all your endeavor in the future. Again - thank you. Nancy Taylor



Honoring our Lifetime Associates with a gift of Autumn Mums



LORNA SNOW
with Jennifer Adams and Lois Scammell



MARILYN KANEB



BRENDA WACHMANN
with Jennifer and Lois



NANCY TAYLOR



Any member interested in delivering a poinsettia to our treasured Lifetime Associates, please contact Lorraine Sharron or Louise Jarrold.





SCHOLARSHIP

From member Ruth Pollock:

“On June 26th, I had the distinct pleasure of presenting our CFUW Scholarship for Tagwi to my granddaughter, Talia Crooke. Little did I know when I volunteered to present the award at Tagwi that my granddaughter would be the recipient, and of course, she didn’t know that she would be receiving it. By the way, her mother Megan Crooke is the woman standing at the podium, one of the masters of ceremonies.”



Congratulations Talia!



*Talia Crooke
Tagwi SS*



Ruth Pollock presenting a CFUW Cornwall and District Scholarship to her granddaughter, TALIA CROOKE.

COMMEMORATIVE TREE DEDICATION

On September 23rd, club members gathered along with Mayor Justin Towndale and city employees to dedicate an Elm Accolade tree planted in commemoration of CFUW Cornwall & District's 70th Anniversary. The plaque pictured below was installed at the base of the tree. Thank you to Larry Legue for his invaluable guidance and to the City of Cornwall for donating the tree.



Celebrating 70 years of the Canadian Federation of University Women Cornwall and District Club (1955-2025)

"This tree is planted in Lamoureux Park to mark a special milestone in the life of our club. Since 1955, the women of CFUW Cornwall and District have come together in friendship and purpose – learning, sharing, and working side by side to strengthen opportunities for women and to enrich the life of our community.

Like this tree, our roots are deep, and our branches reach outward, shaped by the dedication of generations of members who believed in education, equality, and the power of women working together.

As we celebrate seventy years, we plant this tree as a symbol of gratitude for the past, pride in the present, and hope for the future – may it grow strong and enduring, as our commitment to each other and to our community continues."

Jennifer Adams



70th Anniversary Fun





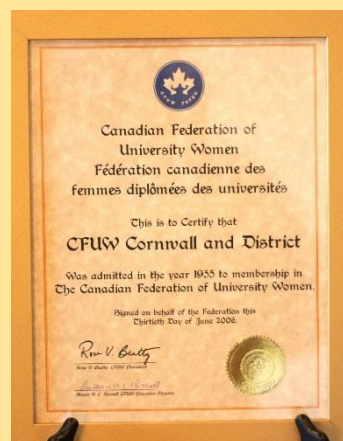
2025-2026 Executive – Val Johnson, Francine Patenaude, Jennifer Adams, Heather Megill, Elaine Kennedy, Jo Sheppard, Sheila Casgrain, Beth Grant, Betty Eadie. Missing from the photo are Barbara Summers, Peggy Campeau and Carol Esdale.



Sandra Shaw, President, Ontario Council, Marlene Starkman, Regional Director of Eastern Ontario, Anne Cordon, Vice President, Membership.



Scholarship Committee – Ginny Winn, Carol Smith, Sheila Casgrain, Judy Hart, Janice Cameron. Missing from the photo are Barbara Summers and Jo Sheppard.



The Auctionettes – Jackie Fraser, Judy Hart, Susan Kail



Many thanks go to photographers Graham Sheppard Senior and his son Graham Sheppard for taking such wonderful photos of our 70th Anniversary celebration.





ARE YOU READY FOR THE 2025 CFUW CORNWALL & DISTRICT HOLIDAY AUCTION?



There are two components to the auction:

1. Watch your inbox daily starting on November 17th for the latest auction updates! Email bidding will take place November 18 – 22.
2. Holiday Auction Finale
 When: Tuesday, November 25 at 6:00 pm
 Where: St. Matthew's Lutheran Church Hall
 Gourmet Silent Auction: Bring some extra \$\$ to bid on your favorite goodies

This year's auction proceeds will benefit our CFUW Cornwall & District Scholarship Fund as well as **Maison Interlude House** in Alexandria.

Your generous donations and bids are crucial to the success of the Holiday Auction. Remember to invite your friends and family to bid!

The deadline for donations is Wednesday, November 12th.

Some suggestions for donations:

- ***Experiences or Services***
- ***Lesson (e.g. knitting or crochet lessons)***
- ***Themed Baskets***
- ***Hand-made Items***
- ***Baked Goods & Preserves***
- ***Gift Certificates***
- ***Treasures!***



2025 HOLIDAY AUCTION TEASERS



Sourdough Bread



Biscotti



Massage



Bridge Afternoon

CFUW National News

Please hover over each blue link and then press “Ctrl” and left click your mouse to read about each topic.

Membership Moments:

Held online, via Zoom, on the 4th Monday of each month. VP Membership, Anne Cordon (who attended our 70th Anniversary Luncheon Gala) leads this monthly discussion of CFUW members from across the country.

Monday November 24th 4-5:30 pm ET Alternative Leadership Models
Highlighting CFUW club ideas and other volunteer groups - what are the ingredients for success? Register [here](#).

Member Database & Member Drive Drop-Ins:

Elizabeth Malcolm will be hosting biweekly (every two weeks) drop-in sessions for the CFUW Members Drive and CFUW Members Database. We cover topics such as: how to update Club Executive information, event calendar submissions, resources available in the Members Drive and so much more! Register [HERE](#)

A recording of a previous Drop-In is available [HERE](#)

National AGM:

CFUW National AGM will be held in Montreal from July 24th to July 26th

All members are welcome to attend.

Book your [hotel group rate](#) for CFUW AGM 2026 - If you wish to extend your stay in Montreal, the group rate extends before and after the schedule.

Last Day to Book group rate: Tuesday, June 30, 2026

Start Date of group rate: Friday, July 17, 2026

End Date of group rate: Tuesday, July 28, 2026

Conference registration will open early in the new year.

Recorded webinars:

[Canva 102: Tips & Tricks for Working in Canva](#)

[CFUW Education Committee: Pathway to Economic Security Through Financial Education and Empowerment](#)

CFUW National Webinars and Trainings can also be accessed in the CFUW Member's Drive [HERE](#)

ONTARIO COUNCIL NEWS

Truth & Reconciliation:

Two books have been recommended as appropriate for Ontario Council Clubs to consider while advocating and acting on behalf of reconciliation. These are:

- 52 Ways to Reconcile: How to Walk with Indigenous Peoples on the Path to Healing by David A. Robinson.
- Decolonization and Me: Conversations about healing a Nation and Ourselves by Phyllis Webstad and Kristy McLeod.

Read the synopsis of these books [here](#).

Speaker Series:

Ontario Council Speakers Series for our members. Please hold the following dates for our Saturday morning (10am to Noon) Zoom presentations:

November 29th, topic: The Role of Patriarchy - Historical and Current Perspectives

February 21st topic to be announced.

Further details to come along with registration information for these Zoom meetings.

AGM:

The Ontario Council 2026 AGM and Conference will be an in-person event: beginning at 4 PM on May 22nd and wrapping up on May 23rd. CFUW Peterborough has offered to be our host. Everyone is welcome to attend. Further details to come.



Keep up-to-date with all the news from CFUW National by subscribing to the CFUW National Club Newsletter. All local members are encouraged to subscribe via www.cfuw.org. Simply click the box that says "Subscribe to the CFUW Club Action Newsletter".

Sign up for the CFUW Ontario Council news via: www.cfuwontariocouncil.org/oc-news and then press **Sign Up Today** for the link to subscribe to the newsletter.



OUTDOORS GROUP

The Outdoors Group invites you to join us for fun and exercise. For more information, please contact:

Hilary Blackburn or
Carol Smith.



Future excursions will include:

Tree of Hope Lighting

We meet at the Cornwall Clocktower on Thursday, November 6th at 5:45 to honour missing and murdered Indigenous women, girls and two-spirited+ persons.

Tea Party

In late January, we will gather at Craftman's Café for a Traditional Afternoon Tea

Ottawa Trip (February 2026)

This trip is in the planning stage, but will possibly include a trip to an Ottawa museum, lunch and a visit to CFUW National headquarters. Another idea for this trip is a visit to our MP's (Eric Duncan) office.

Visit to a local landfill and composting site (Spring 2026)

Keep an eye on your inbox for information about a visit to a local landfill and composting site!

EXCURSION GROUP



GOURMET GROUP



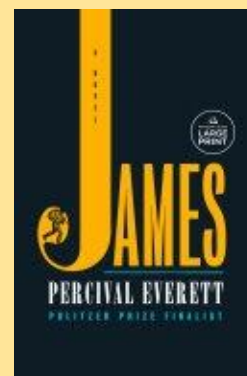
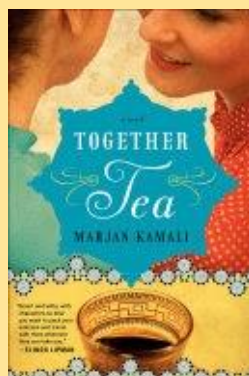
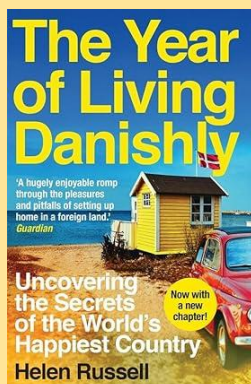
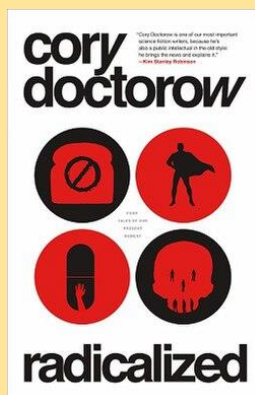
The Gourmet Group enjoyed our annual Appetizer and Dessert evening in October, hosted by group leader Linda Oathwaite.

Our first Gourmet Dinner of the year, "Autumn Harvest" will take place in November.

If you are interested in discovering more about the Gourmet group, please contact Linda Oathwaite.



BOOK CLUB



CFUW Book Club schedule for the next four months:

- November 14th, 11:30, **Radicalized** by Cory Doctorow, discussion leader Beth Grant.
- December 12th, 11:30, **The Year of Living Danishly** by Helen Russell, discussion leader Louise Larose.
- January 9th, 11:30, **Together Tea** by Marjan Kamali, discussion leader Evelyne Smit.
- February 13th, 11:30, **James** by Percival Everett, discussion leader Judy Hart.

Meetings take place at the Best Western, where we enjoy lunch together as we discuss the current book. If you would like to join us, please email Carol Esdale.

CFUW Holiday Auction Calendar of Events: November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 <i>Submission of auction items continues (starts on October 22)</i>	10 An email will be sent to all auction item donors to let you know that your donation has been received.	11 	12 Deadline for submission of auction items	13	14	15
16	17 A PDF document listing the items up for auction will be sent to all members via email. <i>Feel free to forward to guests.</i>	18 Bidding starts today. Place your bids between noon and midnight. BID HIGH AND BID OFTEN!! (See Auction Guidelines below)	19 Check your email for updated maximum bids so far. Place your bids between noon and midnight.	20 Check your email for updated maximum bids so far. Place your bids between noon and midnight.	21 Check your email for updated maximum bids so far. Place your bids between noon and midnight.	22 Check your email for updated maximum bids so far. Bid between noon and midnight. This is the last day to bid.
23 	24 	25 CFUW Holiday Auction Finale at St. Matthew's Church at 6 pm 😊	26 Lucky auction item winners who were not present at the In-Person Finale will be notified by email.	27 Auction participants notified by email will send cheque to Betty Eadie, payable to "CFUW - Cornwall & District"	28 After Betty receives payment for your auction item, you will receive information via email re pick up or delivery of the item.	29 Happy Holidays Everyone! 

Auction Guidelines:

- When you receive the PDF Auction document on your email on November 17th, if you wish to place a bid on any item, simply press the "Reply" option (**NOT** the "Reply All" option) and specify who you are (and whose guest you are, if appropriate), what item you are bidding on, and the amount. You will **NOT** be able to write your bid on the PDF auction document yourself. The Auction committee will update the PDF document daily with the highest bid for each item as indicated in the calendar above. The updated document will be sent to you by noon the following day.
- The lucky final successful bidders will be announced on November 25th during the Holiday Auction Finale.
- If you are the lucky successful bidder and you are present at the Holiday Auction Finale, please pay for your item with cheque or cash at the event. You will receive your item, or information re how to retrieve it.
- If you are the lucky successful bidder and you are NOT present at the Holiday Auction Finale, you will receive information via email on November 26th re how to pay for and retrieve your item.
- All cheques should be made out to "CFUW - Cornwall & District" and given to our treasurer Betty Eadie during the Holiday Auction Finale.
- If a guest is the successful bidder, the CFUW Cornwall & District member is responsible for arranging pick up or delivery of the item to their guest.
- In the event that the highest bids are tied, the email bid of that value received **first** during the designated bidding hours will be the winner.
- Members of the auction committee will refrain from placing bids on the last bidding day, November 22nd.