



cfuw fcfd

2025-2026 CFUW YEAR AT A GLANCE

Realizing potential. For all women.

Le pouvoir par le savoir.



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Realizing potential. For all women.
Le pouvoir par le savoir.

OUR VISION

Women and girls are educated and empowered to make transformative change in the world.



OUR MISSION

Achieve educational and economic equality and social justice through continuous learning and empowerment.



MEET THE TEAM

2025-26 saw a new addition to the CFUW National Office. If you haven't had a chance to meet our staff, here is an introduction!



Jaime Beagan, Executive Director

(she/her)

Jaime joined the National Team in February 2023. She completed her degree in Criminology, Justice, and Policy Studies at Ontario Tech and her Master's in International Security and Conflict from DCU (Dublin City University). She has been involved and working in the not-for-profit sector for over 15 years.



Elizabeth Malcolm, Membership Engagement Coordinator

(she/her)

Elizabeth joined CFUW in December 2023. She has an Honours Bachelor of Arts with a Major in Communications and a Minor in Canadian Studies from the University of Ottawa. She has a varied background in communications and member-focused organizations as well as Canadian history and politics. She works to ensure members are being heard and advocated for.



Mabinty Touré, Administrative & Organizational Projects Coordinator

(she/her)

Mabinty joined CFUW in November 2024. She holds a Joint Honours degree in Sociology and Anthropology from the University of Ottawa. Passionate about social justice, she enjoys staying engaged in her community through volunteer work. Her experience supporting boards and organizing aligns with her commitment to empowering marginalized voices.



Camila Taibe, National Advocacy and Policy Specialist

(she/her)

Camila joined CFUW in August 2025. Prior to joining CFUW she worked for four years at Women and Gender Equality Canada in Program Policy and Strategic Policy. She has a Master's in Public Administration with a specialization in Gender and Feminist Studies from the University of Ottawa, and a B.A (Hons) in International Relations and Gender and Women's Studies from York University. Her interest in the intersection of gender equality and public policy fuels her work.

6717

CFUW
MEMBERS

89

CFUW CLUBS
ACROSS CANADA

35

CLUBS EXPERIENCED AN INCREASE IN
MEMBERSHIP NUMBERS, WITH 14 CLUBS
SURPASSING A +10% INCREASE!

44

STUDENT
MEMBERS

MEMBERSHIP INCREASES

- UWC MONTREAL INC. (+19%)
- AFDU MONTRÉRIE (+17%)
- CFUW LONDON (+17%)
- CFUW RENFREW AND DISTRICT (+17%)
- CFUW LETHBRIDGE (+16%)
- CFUW OWEN SOUND AND AREA (+14%)
- CFUW PERTH AND DISTRICT (+14%)
- CFUW PRINCE ALBERT (+13%)
- CFUW RICHMOND (+12%)
- CFUW CAPE BRETON (+11%)
- CFUW SAANICH PENINSULA (+11%)
- CFUW LEASIDE/EAST YORK (+10%)
- CFUW ST. THOMAS (+10%)
- CFUW MILTON AND DISTRICT (+10%)
- CFUW NELSON AND DISTRICT (+10%)



CFUW NATIONAL ALUMNAE

The CFUW National Alumnae consists of members from coast to coast. Membership in the Alumnae includes past CFUW National leaders, from the Board of Directors, Regional Directors and National Committee Chairs.

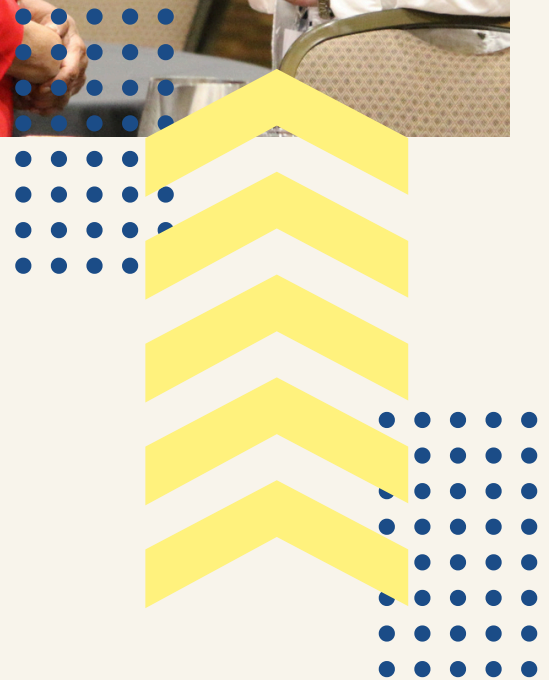
The members act as ambassadors promoting CFUW and volunteering where opportunities present.

The Alumnae members are connected through newsletters sent to them by the Chair.

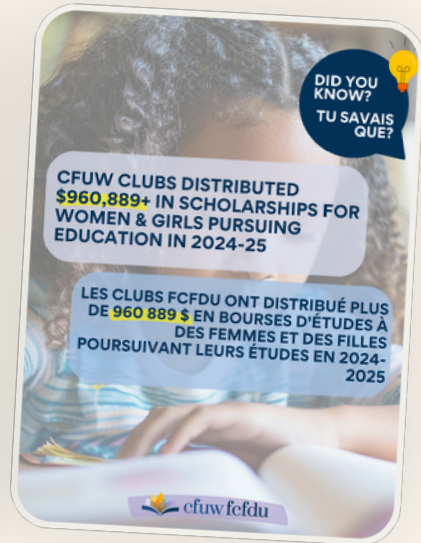
An annual meeting takes place at the CFUW AGM if in person, or virtually in alternate years. The Alumnae members share their wealth of history, fountain of knowledge, and experiences to support clubs, RDs, councils and the board as needed.

Members need to indicate their desire to become members of the Alumnae through contact with the Chair of the Alumnae.

For further information and/or to join please contact Chair of the Alumnae, Bilkies McKen at [**bmcken31@gmail.com**](mailto:bmcken31@gmail.com)

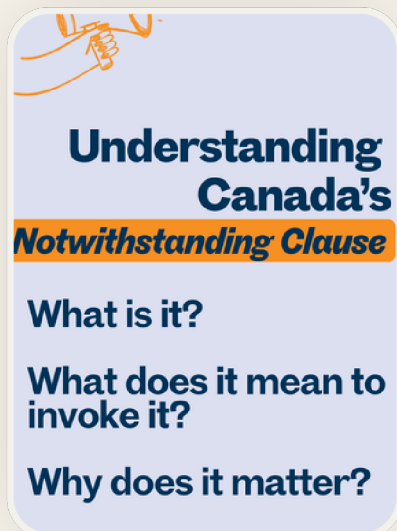


COMMUNICATIONS AND SOCIAL MEDIA



OVER THE PAST YEAR, THE CFUW NATIONAL OFFICE HAS BEEN COMMITTED TO IMPROVING THE CFUW NATIONAL SOCIAL MEDIA PAGES TO, IN TURN, IMPROVE CFUW'S ONLINE PRESENCE!

THANK YOU TO EVERYONE WHO HAS LIKED, SHARED, AND COMMENTED ON OUR CONTENT.



↑ **2.1K** **FACEBOOK FOLLOWERS**
(7% INCREASE)

↑ **845** **LINKEDIN FOLLOWERS**
(29% INCREASE)

↑ **629** **INSTAGRAM FOLLOWERS**
(20% INCREASE)

↑ **821**
CFUW CLUBS & COMMITTEES ZOOM MEETINGS SCHEDULED

COMMUNITY AID, INTERNATIONAL OUTREACH, AND SCHOLARSHIPS

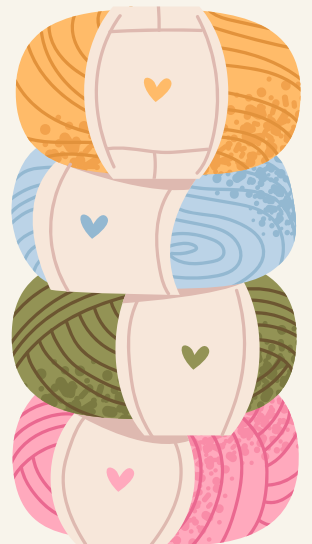


\$1,183,888

COMMUNITY AID,
INTERNATIONAL
OUTREACH, AND
SCHOLARSHIPS

OVER \$1,183,888 DONATED ACROSS THE COUNTRY TO
SUPPORT EDUCATION, COMMUNITIES, AND
INTERNATIONAL PROJECTS.

CFUW SAANICH PENINSULA EVEN PUT THEIR
CLUB KNITTERS TO WORK, DONATING 30
KNITTED BABY BLANKETS TO BEACON
COMMUNITY SERVICES; 18 KNITTED SHAWLS &
LAP BLANKETS TO THE LEGION MANOR
VICTORIA; AND 30 KNITTED TOQUES TO A
LOCAL SOUP KITCHEN



COLDEST NIGHT OF THE YEAR

\$88,145

FOR
VULNERABLE
FAMILIES AND
INDIVIDUALS IN
OUR
COMMUNITIES



CONGRATULATIONS TO ALL CFUW CLUBS THAT PARTICIPATED IN COLDEST NIGHT OF THE YEAR 2026!

\$88,145 WAS RAISED ACROSS 27 CLUBS SUPPORTING LOCAL CHARITIES THAT ASSIST PEOPLE EXPERIENCING HURT, HUNGER, AND HOMELESSNESS.





CFUW CLUBS ACROSS THE COUNTRY CELEBRATED INTERNATIONAL WOMENS DAY WITH EVENTS RANGING FROM FILM SCREENINGS, LUNCHEONS, MARCHES THROUGH THE DOWNTOWN, AND ESTEEMED SPEAKERS!

ADVOCACY

TOOLKITS & RESOURCES

- [Fall Advocacy Package](#)
- [16 Days of Activism Against Gender-Based Violence Toolkit](#)

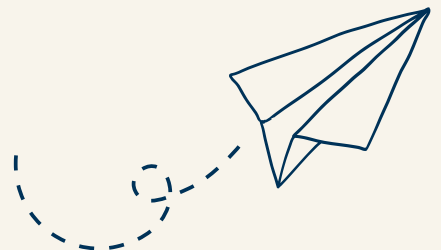
COMMUNICATIONS WITH GOVERNMENT

Letters sent from CFUW National to the Prime Minister and other relevant Ministers, on:

- [National Pharmacare Agreements](#)
- [Planned Cuts to Women and Gender Equality Canada](#)

Template letters created for Clubs to send, on:

- [Addressing Period Poverty and Menstrual Inequity in Canada](#) (Resolution 2025)
- [Expanding Access to Sexual and Reproductive Health Services](#) (Resolution 2025)
- [Supporting 2SLGBTQ+ Rights](#) (Resolution 2025)
- [Strengthening the Awareness and Safekeeping of Individuals and Their Animals Experiencing Domestic Violence](#) (Resolution 2025)
- [Equitable Phase-Out of Fossil Fuels](#) (Resolution 2025)
- [Archiving Select CFUW Adopted Resolutions](#) (Resolution 2025)
- [Affirming Housing as a Human Right and Social Good](#) (Resolution 2025)



ADVOCACY

CONSULTATIONS

- Statement in response to the 2025 Budget
- Written submission for pre-budget consultations in advance of the 2026 Federal Budget
- Brief for the Standing Senate Committee on National Security, Defence and Veterans Affairs for its Study of Bill C-12



WORKING AND CONNECTING WITH ALLIES

The National Advocacy and Policy Specialist attended:

- Women, Peace, and Security Network of Canada meetings, including meetings with Canada's WPS Ambassador
- Beijing+25 Network meetings
- Pre-CSW civil society meetings
- Virtual gathering of organizations and academics working on climate and gender justice



INTERNATIONAL RELATIONS

UNITED NATIONS COMMISSION ON THE STATUS OF WOMEN 70



The IR Committee's preparations for CSW70 began in early fall, with the submission of CFUW's **written statement** on the main focus "consequences of failing to ensure access to justice for all women and girls". CFUW hosted two successful parallel events: Canadian Delegates Explore Antidotes to the Virus of Inequality (in-person) and **Strengthening Justice: Women and Girls in Health, Law, and Media**.

Read the CSW70 **Delegates' Report**.



CAMEUS

CAMEUS is a North American regional affiliation of GWI members: CFUW, WG-USA and FEMU of Mexico. During CSW70, CAMEUS hosted a virtual parallel event, **Justice for Women Amid North America's Immigration Policy Shift**

INTERNATIONAL SERVICE PROJECT (ISP) 2025-26



CFUW has partnered with the **Stephen Lewis Foundation** and their **Young Happy Healthy and Safe (YHHS) project** for our International Service Project (ISP) for 2025-2027. The project will provide school supplies to 120 students annually, distribute reusable sanitary pads to 500 girls, and train peer educators to ensure girls stay in school and thrive. To date, CFUW members have donated **\$16,399**, surpassing our goal of \$15,000.

35TH GWI TRIENNIAL

11 voting delegates from CFUW attended the 35th GWI Triennial, held in Lusaka, Zambia, Sept. 11-13, 2025. Led by President Linda Sestock and VP International Grace Hollett, delegates participated in GWI elections, the Triennial Conference, visited nearby schools, and absorbed everything Lusaka had to offer.



CFUW CLUBS IN THEIR COMMUNITIES

Here is a snapshot of what CFUW Clubs are up to across the country!

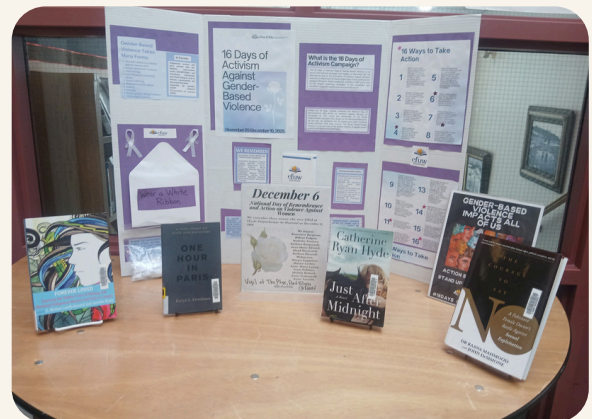


CFUW HALIFAX

CFUW Halifax celebrated their 90th Anniversary with a lunch featuring special guests Linda Sestock, National President and VP Atlantic Karen Dunnett.

CFUW KINCARDINE & DISTRICT

CFUW Kincardine & District displayed a 16 Days of Activism board at the Kincardine Branch of the Bruce County Library.

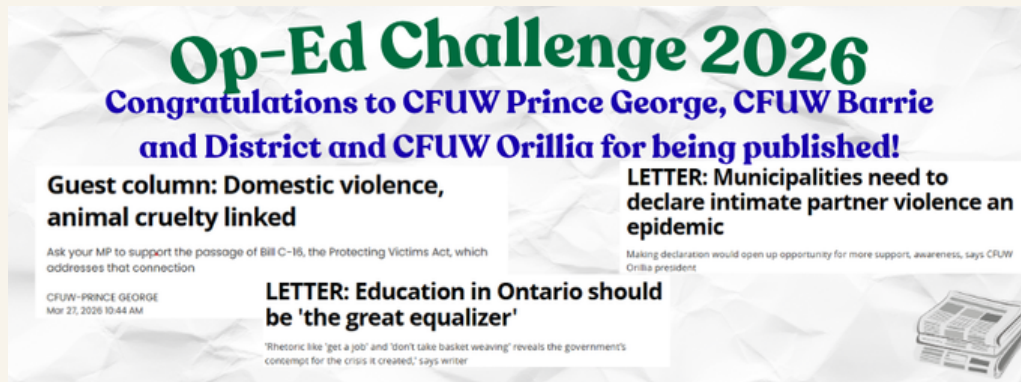


CFUW QUEBEC COUNCIL

The CFUW Quebec Council held their AGM, hosted by CFUW Sherbrooke & District in Lennoxville, QC.

CFUW CLUBS IN THEIR COMMUNITIES

Here is a snapshot of what CFUW Clubs are up to across the country!



CFUW Prince George, CFUW Barrie and District, and CFUW Orillia were published as part of the CFUW Op-Ed Challenge 2026 ! Thank you for educating your communities on such important topics as the link between domestic violence and animal cruelty, consequences of underfunding education, and declaring intimate partner violence an epidemic. Education is a vital component of advocacy, and we are grateful for your work.



CFUW WELLAND AND DISTRICT

CFUW Welland and District participated in the Niagara Migrant Workers' Health Fair – nearly 100 migrant workers came to the event, spend quality time with their peers, participate in the many donated raffle draws, share a meal together, have access to health professionals. migrant support groups

CFUW CLUBS IN THEIR COMMUNITIES

Here is a snapshot of what CFUW Clubs are up to across the country!



CFUW LETHBRIDGE AND DISTRICT

CFUW Lethbridge and District held their annual Christmas Tea and Auction this past December. Members supplied the event with items for the auctions – both silent and regular style – as well as goodies for energy! Over \$5,600 was raised for the CFUW Lethbridge and District Scholarship and Award which is managed for us by the University of Lethbridge.

CFUW SUNSHINE COAST

The CFUW SCS 2025 partnered with the Sunshine Coast Community Services Society & local businesses on multifaceted 16 Days Against Gender-Based Violence initiatives. Residents, schools & businesses across the Coast wore, or used purple decorations.



THANK YOU

Thank you CFUW members, Board of Directors, and all dedicated allies as we continue to work together, locally and nationally, to cultivate a welcoming environment for lifelong learning, fellowship, and fighting for a more just world.

Want to keep up to date with CFUW news?
Be sure to read the CFUW Club Action newsletter!
If you haven't subscribed already, [sign up for regular updates.](#)



**FOLLOW CFUW ON SOCIAL
MEDIA**



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