

OUR MISSION: Pursuit of knowledge; promotion of education; improvement of the status of women and human rights; active participation in public affairs in a spirit of cooperation and friendship.

We meet at 7:00 p.m. on Tuesday, January 6th 2026 via Zoom

Zoom Link (updated):

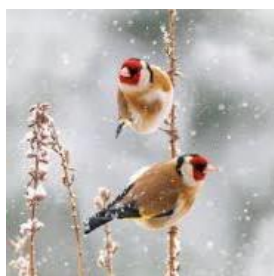
<https://us02web.zoom.us/j/87241425327?pwd=gmtqYJPj3K3bhJY9nttl9ZtJuwL4dY.1>

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Pro Tem President's Message

~ Lydia Zavitz



Happy New Year!

2025 has passed with its share of challenges, stormy weather and losses for all of us. It also presented us with love, joy and hope for the future! We are so fortunate to have PEACE in our lives and for those that we love. CFUW Georgetown were able to gather on

Dec. 2 for our Holiday Party at the Library, where we enjoyed good music, food and friends. We have much to be grateful for! May 2026 bring all of you and your families Happiness, Health and Prosperity!

Please join us on **Tuesday, January 6, 2026 at 7:00 pm** for our meeting on Zoom. Sip on your favourite beverage while you enjoy the speaker, meeting and then a short quiz to close the meeting.



Looking forward to a wonderful New Year!!!!

Programme

~ Naomi Clayton & Anne McGrath

Please join us to hear **Kristina Tesser Derksen, MP** for the new riding of Milton East- Halton Hills as our first speaker for 2026. This will be a general meeting held online on Tuesday, January 6th starting at 7:00 pm. We will hear what it is like to be a rookie, female MP and how she manages to balance her life in Ottawa with her family life in Milton.

Happy New Year from the Programme Committee!



Social

~ Barb Baron, Fran Graham & Lydia Zavitz

Thanks for everyone for your participation and contributions to our Holiday Party held on Dec. 2nd at the Library! It was a festive evening filled with good music, delicious snacks and good friends! We will not be meeting in person until March 2026! Hopefully, the winter will be tolerable when we get more SUNSHINE!!!!

We do invite you to join us on ZOOM for the **January 6th 2026 meeting starting at 7:00pm.**

Pour your favourite beverage and join us for the speaker, meeting and a short quiz to close the meeting!

50/50 DRAW Congratulations to Diana Walbridge who won \$65.50 and donated \$20.00 of her proceeds to the Draw Funds! Thanks, Diana! We will resume the ticket sales in March 2026.

Thanks to all of you for participating!

Looking forward to seeing you on ZOOM on January 6th at **7:00 pm.**



~Pat Evans & Patti Smith-Gilbert

We are pleased to report that, to date, we have 63 returning members and 4 new

members. A **New Members' Afternoon Tea** will be held on Sunday January 25, 2026 for the five members who joined club since January 2025. This event is an opportunity to mix and mingle with each other and the members of the executive. The details will be sent out under separate cover to the new members. A ZOOM option will be available for any new members who may not be able to join us in person.



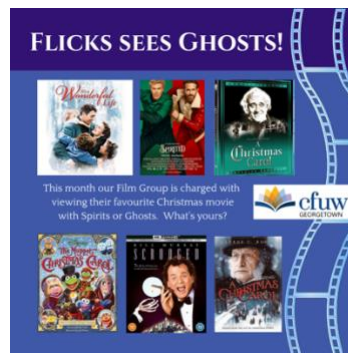
DIRECTORY UPDATES: See document attached with Newsletter sending.

Interest Groups

~ Carol Collier

CALL for ACTION **Arts Outing Members** organized the Guelph Faire outing in November (thanks, Cheryl!) and the Choir Concert in December (thanks, Ann!). For June, we will be attending a Stratford play. Now we need activities for Jan to May. Just pick a month, pick an activity and send an email asking for members to come along. In the past, we have attended art galleries, museums, distribution centres, movies, concerts, little theatre and speakers. There are a number of local venues. Easy to organize. Please let me know your ideas!

Interest Group Activities as seen in recent social media posts:



The evidence is right here! We laugh. We share food, stories and ideas. We leave our house for the great outdoors, theatres, concert halls, restaurants and other peoples' kitchens and sofas.

Our Interest Groups are thriving. Join in the fun! Afterall, it's going to be a long winter.

Notice of Offer from CFUW National ...



Free CARP Membership Now Available for All CFUW Members (regularly \$19.95)

This partnership aims to strengthen both organizations. CFUW members gain the power and reach of CARP's national advocacy network. CARP will promote CFUW, to help grow our voice and welcome more women into our educational and advocacy mission. Already a

member? This will add one year's membership for free. Visit <https://shop.carp.ca/O5KZYC1C> and follow the prompts to register or renew.

Virtual learning sessions offered by CFUW National in January ...

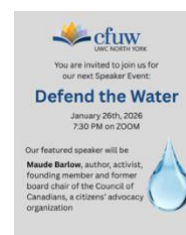
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|-------------------------------------|---|---|
| On the 15 th at 1:00 pm: | Creating Collective Impact Against GBV , presented by CFUW Advocacy Committee. |  |
| On the 16 th at 1:00 pm: | Post-Secondary Education in Canada: Challenges & Promises , presented by CFUW Education Committee. | |
| On the 22 nd at 4:30 pm: | Net-Zero by 2025 Building for a Fossil-Fuel Free Future , presented by CFUW Environment & Climate Change Subcommittee. | |
| On the 29 th at 6:00 pm: | Demystifying the CFUW National Board: Roles, Nominations with Q&A , presented by the current Board members. | |

*** Register at cfuw.org and click on Events Calendar ***

Virtual learning sessions offered by other **Ontario CFUW Clubs** in January ...

- | | | |
|-------------------------------------|---|---|
| On the 13 th at 7:30 pm: | Over-incarceration of Indigenous Women in Canada with guest speaker Patti Pettigrew, Executive Director of Thunder Woman Healing Lodge Society, presented by CFUW North Toronto.
Guests – Register info@cfuwnorthtoronto.ca |  |
| On the 26 th at 7:30 pm: | Defend the Water with featured speaker Maude Barlow, author/activist and former board chair of the Council of Canadians, in a zoom presentation by UWC North York. | |

Click [here](#) for the link.



Scholarship Trust Reminder

~ Lis Turner

All donations are greatly appreciated. There are several ways to make donations to the Scholarship fund.



One popular option is e-transfer directly to the fund bank account. The e-transfer email address is: donationsforscholarships@cfuw-georgetown.ca.

You can also donate on-line through Canada Helps. We are listed as CANADIAN FEDERATION OF UNIVERSITY WOMEN – GEORGETOWN SCHOLARSHIP FUND.

If you would like to donate by cheque, the payee is “CFUW Georgetown Scholarship Fund”. You can give your cheque to the current treasurer of the fund, Lis Turner. Her contact information is in the club directory.

The fund is a registered charitable organization so you will receive a tax-deductible charitable donation receipt.

Newsletter Notes

~ Diane McDermott



Question??? about that Newsletter Contest “Find the Anomalies.” That means: you are to locate the image that does **not** have a bearing on the article. If you find yourself wondering “What’s that! doing there?” you’ve found it. Usually, it is some sort of whimsy. Hold on to your answers and submit them before the AGM.

In the Spirit of Reconciliation ... Let’s Eat!

When you think “Heritage Canadian Cooking,” grey roast beef, overcooked veggies - if you’re honest – poutine and tourtiere might come to mind. **But** when you elevate it to “Canadian Cuisine” worthy of world attention, foodies tend to draw **heavily** on indigenous staples, namely foods that are cultivated or foraged locally and sustainably. Think: wild berries, smoked salmon, game, maple syrup - natural ingredients with a strong connection to place. And seasonal eating. Indigenous cuisines vary widely from Nation to Nation but they share a dedication to fresh local



ingredients. **Bannock** remains a staple and pride of many indigenous communities. Flat breads are common globally and the Inuit, Mi’kmaq and Ojibwes all had their own non-flour/corn versions before Scottish Fur Traders introduced barley. Bannock has a particular cultural significance because it meant survival on reserves when assimilation limited indigenous peoples’ ability to hunt.

Maple syrup, that quintessentially Canadian flavour, is what Indigenous peoples used to cure meats, sweeten bitter medicines and as an anesthetic (!!!). They shared with early settlers how to draw the sap. And now Canada controls 75% of this half-billion dollar world market.

Three Sisters Salad is a modern culinary invention that honours practices of various indigenous peoples of North America, particularly the Haudenosaunee. The key ingredients are corn, beans and squash. These were planted together, like a family. What follows is Scott Iserhoff's "Takwakin Three Sisters Salad" recipe:

Oven roast 4 cups cubed butternut squash drizzled with oil and salt for 25 min. Charring is okay.

2 Tbsp canola oil

2 cups canned white kidney beans

2 cups cooked or canned corn kernels (blanched if frozen)

½ cup chopped parsley

Salt to taste

Chill all ingredients before combining

For the vinaigrette: emulsify (whip briskly) ½ cup lemon juice, 1 cup canola oil and 2 Tbsp honey.



Life-Long Learning Opportunities ...



is a free online non-profit educational platform, founded by Sal (Salman) Khan offering video lessons in a wide spectrum of academic subjects, originally

focussing on math and sciences to help struggling students. It is funded primarily through philanthropic donations to remain free for learners. Are you interested in testing your general knowledge? Then, let me recommend "World History" in the Search or Explore tab of khanacademy.org. No essay writing involved, just quick Q&As to keep you focussed. The many timeline graphics really help. It's entertaining and rewarding. ~ Recommended by DM

Kindred Spirits in Our Community ...

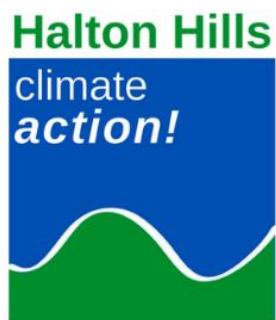


**ELECT
RESPECT**
DEMOCRACY DEPENDS ON IT

The Elect Respect Pledge Campaign was born out of **Halton** Elected Representative (HER) gatherings where story after story of harassment was voiced. Everyone wanted to

do something to make it stop. Marianne Meed Ward, mayor of Burlington, took the idea of a pledge and ran with it. Many councils including Halton Hills have endorsed the Pledge. Local individual signatories include Councillors Jane Fogel, Chantel Garneau, Alex Hilson, Mayor Anne Lawlor and MP Kristina Tesser Derksen. The Elect Respect Pledge is to uphold the core values of democratic service, including the right to work free from threats, abuse or intimidation by speaking up against toxic behaviour and calling for renewed commitment to respectful public

service. To-date, 205 elected Officials and 44 Municipalities have signed. Additional Information can be found at electrespect.ca



... shared info from the **Ontario Farmland Trust**. A one-hour webinar on January 22nd at noon will address “How do municipal decisions affect farmland?” and outline what tools exist to influence those decisions.



Register at ontariofarmlandtrust.ca “Winter Webinars.”

Halton Hills Climate Action advises you to “Keep your eye on Ontario Bill 21,” a bill to create a farmer led food belt protection plan. Support is building across party lines and it may reach final reading this spring. Ontario is reportedly losing an average of 319 acres of farmland per day. There were 45 dairy farms in Halton a few years ago, now there are three. For more info on this and other areas of local concern, see haltonhillsclimateaction.ca.

January Observances ...

Jan. 1 New Year’s Day & Traditional Life Course Re-set Time.



Then

... the month-long ...

... Challenge.

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and on  [Instagram cfuwgeorgetown](https://www.instagram.com/cfuwgeorgetown)

Website: cfuw-georgetown.ca **Email:** inquiries@cfuw-georgetown.ca