

## CFUW KELOWNA NEWSLETTER JANUARY/FEBRUARY 2026

GO TO THE WEBSITE FOR THE LATEST NEWS  
[www.cfuwkelownaclub.org](http://www.cfuwkelownaclub.org)

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# CLUB LEADERSHIP REPORT

Submitted by Jeannette Mergens on Behalf of the Leadership Team

Happy  
New Year



Welcome to 2026! Our CFUW Kelowna is well on its way to a great year, and we hope it will be a great year personally for our members, too.

At our Executive meeting on January 7, some exciting new plans were brought forward. Please join our January General Meeting on **ZOOM** to participate in the discussions that will take place about them.

In February, we have a luncheon meeting at Reid Hall, and the chance to participate in The Coldest Night of the year fundraiser. Thanks to Susan Morrison who got our CFUW Hot to Trot group registered. You can go on line to donate even if you can't join the walk on February 28.

International Women's Day is March 8. Charlene Hodgson has offered to host an event for our members at her home. Stay tuned for the details!

# CLUB LEADERSHIP REPORT

We must say thank you to the Knitters and Crafters for their successful sales at the Christmas markets that, along with our coffee sales, allow us to receive the Gaming Grants that provide a big portion of our Education Awards. We will have awards in memory of Ruth and Brigitte this year.

Thank you to all who were able to attend our Christmas luncheon and for your generosity in contributing to the Christmas stocking. Donations to the Christmas Stocking at this year's Christmas luncheon brought in \$960.00 for the Okanagan College Foodbank. The donation was received with much gratitude.

We hope each of you had a relaxing and joyful holiday season, and we look forward to visiting with you at our upcoming meetings and events.

The Leadership Team, Janet Bowes, Martha Jane Lewis and Jeannette Mergens, share the chairing of the monthly General Meetings. The person who chairs the General Meeting will also chair that month's Executive Meeting.

**January 19 on ZOOM** – Janet Bowes

**February 16** – Jeannette Mergens

**March 16** – Martha Jane Lewis

**April 20** – AGM & General Meeting – Janet Bowes

Our in-person meetings will be at Reid Hall, starting at 6:30 p.m. for socializing. The speaker presentations will begin at 7 p.m.. The exceptions are the January meeting which will be a Zoom meeting, and the February luncheon meeting which will start at 11:30 a.m. followed by the speaker at noon..

Another group uses the church in the evening and parking can be an issue. Please carpool if at all possible.

# BOARD MEMBERS 2025-2026



## CFUW BC COUNCIL WEBSITE

<https://sites.google.com/site/cfuwbccouncil/bcc>

## CFUW NATIONAL WEBSITE

<https://www.cfuw.org>

## GWI WEBSITE

<https://www.gwi.com>

**Leadership Team:** Janet Bowes and Martha Jane Lewis (co-Presidents), Jeannette Mergens, Past President

**Secretary–Monthly meetings:** Patricia Giannelia

**Secretary–Board:** Carrie Izumi

**Treasurer:** Linda Schillemore (Cathie Meehan Chapman in training)

**Co-VPs:** Vacant

**Membership:** Marilyn Porter and Christine Wood (co-chairs)

**Program:** Carol Bradley

**Advocacy:** TBA

**Social:** Brenda Gilbert

**Education Awards:** Marguerite Bilyk and Penny Lobdell (co-chairs)

**Public Relations:** Lorrie Brown, Joanne Guilteneane

**Newsletter:** Susan Bruchet and Charlene Hodgson (co-editors)

**Communication:** Charlene Hodgson

**Website:** Pam Laing

**Archivist:** Jan Fraser



# COMMITTEES 2025-2026

**Leadership Team:** Janet Bowes and Martha Jane Lewis (co-Presidents),  
Jeannette Mergens, Past President

**Secretary—Monthly meetings:** Patricia Giannelia

**Secretary—Board:** Carrie Izumi

**Treasurer:** Linda Schillemore (Cathie Meehan Chapman, in training)

**Co-VPs:** Vacant

**Membership:** Marilyn Porter and Christine Wood (co-chairs)

**Program:** Carol Bradley (chair), Marilyn Harris, Catherine Doherty

**Advocacy:** TBA

**Social:** Brenda Gilbert (chair), Sharon Coghill, Dorothy Genge

**Education Awards:** Marguerite Bilyk and Penny Lobdell (co-chairs)

Linda Schillemore, Catherine Disbery, Sheila Fergusson, Pamela Goode,  
Carrie Izumi (ex officio).

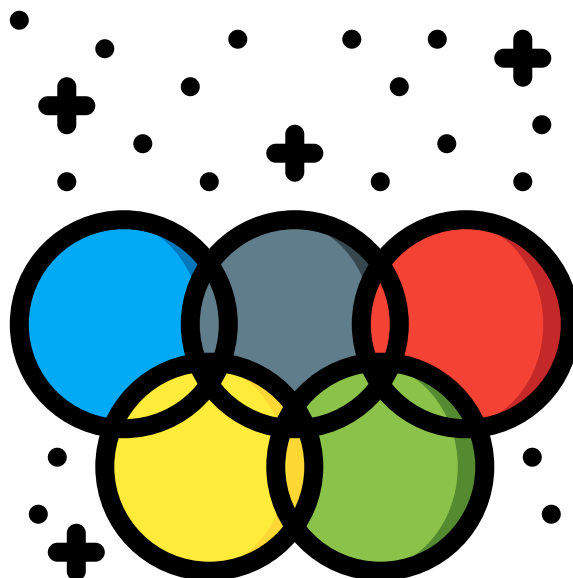
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**Website:** Pam Laing, Susan Bruchet (in training)

**Archivist:** Jan Fraser



# TREASURER'S REPORT

Submitted by: Linda Schillemore

## A Note on Etransfers

The Club has two accounts for etransfers:

- **Operations:** this account deals with the operations of the club such as dues, hall rental, committee expenses, social events, and community donations like Malawi and Christmas stocking.
- **Education:** this account deals with anything to do with the Education Committee allocation of funds for bursaries and scholarships as well as craft fairs and coffee sales.

The 2 emails are similar with each having a unique identifier:

- **oper** for operations ==> cfuwkelowna**oper**@gmail.com
- **bank** for education ==> cfuwkelowna**bank**@gmail.com



# A LOOK AT THE YEAR AHEAD



The Program Committee has planned a year of interesting speakers who will delight and inform us at our Meetings. All General Meetings, except where indicated, will be at Reid Hall, Benvoulin Heritage Church, 2279 Benvoulin Road. Coffee, tea and goodies provided.

## January

**Monday, January 19, 2026, 6:30 p.m. via Zoom**

"New Love and Relationships Later in Life"

Dr. Sarah Knudson, Associate Professor (Sociology),  
St. Thomas More College, Saskatoon

## February

**Monday, February 16, 2026 Noon**

### Lunch Meeting

"Opera Kelowna - Inception and Future"

Rosemary Thompson, Artistic Director

## March

**Monday, March 16, 2026, 6:30 p.m.**

"North Sea Saga - Faroes and Fair Isle"

Steffany Walker



## April

**Monday, April 20, 2026, 6:30 p.m.**

"Project Literacy - 40th Anniversary"

Paul Zuurbier, Executive Director

## May

**Monday, May 11, 2026, 11:30 a.m.**

Spring Luncheon and Silent Auction

Location: To Be Determined

# UPCOMING EVENTS

## **General Meeting,**

**Monday, January 19, 2026, 6:30 p.m. via Zoom**

"New Love and Relationships Later in Life"

Dr. Sarah Knudson, Associate Professor (Sociology), St. Thomas More College, Saskatoon

Dr. Knudson's primary research interests are in the area of families, gender and culture, with a special interest in dating and intimate relationships. She is also very interested in life transitions and how people navigate them. Beyond research, her passions are distance running, traveling, choral music, and family time. She is a "girl mom," a dance mom, and proud wife of a Prairie farmer.

## **General Meeting,**

**Monday, February 16, 2026, Noon**

### **Lunch Meeting**

"Opera Kelowna - Inception and Future"

Rosemary Thompson, Artistic Director

We will have a catered lunch available from Crazy Apples Catering. There will be a choice of sandwiches with soup. Please let Carol or Brenda know if you have food issues.

**Cost:** \$14 per person.

**Payment:** will be required on the day. **Exact amount only** please. No change will be provided!

Coffee, tea and treats will be on hand courtesy of our social club! Stay tuned for sign up at a later date.

# UPCOMING EVENTS

## COLDEST NIGHT OF THE YEAR SATURDAY FEBRUARY 28<sup>th</sup> 4 PM

Coldest Night of the Year (CNOY) is a national activity to support local community organizations. In Kelowna, CNOY supports the work of the Metro Organization which provides services for those experiencing profound material poverty, including homelessness. Previously, Ruth Mellor organized our CFUW Kelowna participation (team Hot to Trot), Thank you to Susan Morrison for taking over the registration this year. Participants are encouraged to make a donation to CNOY – see instructions below. Join us at 4 pm near the Ellis entrance to the lane by Metro. We then walk in the neighbourhood for about 30 minutes. Participants can stay after to enjoy hot soup and a bun in the Metro Hub.

### How can I participate?

- Walk that day with our team
- Donate funds to our club team
- You can do both- walk and donate

### How to donate / sign up

- Google Coldest Night of the Year 2026
- Scroll down ... Go to Donate
- In Search type in Hot to Trots
- Scroll down to Teams and click on Name "Hot to Trot"
- Here you can donate money, join the team or both



For more information and/or to let us know that you plan to attend, contact...

Susan Morrison	250 - 762 - 8885	<a href="mailto:smorrison@shaw.ca">smorrison@shaw.ca</a>
Pat Scarlett	778 - 215 - 2567	<a href="mailto:scarlettpat@hotmail.com">scarlettpat@hotmail.com</a>
Linda Schillemore	250 - 870 - 6881	<a href="mailto:linda_schillemore@telus.net">linda_schillemore@telus.net</a>

## SAVE THE DATE

### International Women's Day Sunday March 8<sup>th</sup> 2 pm

Join us for an interesting speaker on a topic related to International Women's Day. More details to follow.

# SCHOLARSHIP FUNDRAISING



## Club Fund Raising The Easy Way

The fund raising Committee has researched using the Return-It Express process to direct funds to the Education Fund while at the same time saving the environment in a little way. Everyone usually has some items on a regular basis which can be processed for a refund.

We now can easily direct that refund to the Education fund for bursaries and scholarships. Now, supporters can donate their container refunds directly through the Return-It app, with no need to share your phone number or mail printed labels.

### Here's How it works

- Supporters sign in to the Return-It app with their own account. The app can be downloaded to your phone and easily setup with all required information, Return-It has now added the step where you can select where you want the refund money to be directed.
- You can search and choose CFUW Kelowna organization to automatically receive the donations.
- You drop off their containers as usual—they sort, count, and credit the donations back to the CFUW Education account.

We are in the process of setting up the CFUW Kelowna Education Fund as a recipient of donations. The initial process has been completed and we are awaiting approval for our application from Return-It. We will send out a notice to all club members once we have received that approval and we can start to do our donations.

Please see the poster on the following page to find information about how to register for your personal account and what items are eligible for refunds.

# SCHOLARSHIP FUNDRAISING

If you have any questions please contact Linda Schillemore at 250-870-6881 or email at [Linda\\_Schillemore@telus.net](mailto:Linda_Schillemore@telus.net).



**REGISTER TODAY FOR A FREE EXPRESS ACCOUNT!**  
return-it.ca/express

**FIND A LOCATION NEARBY AT: RETURN-IT.CA/EXPRESS**

**THE FASTER, EASIER WAY TO RETURN YOUR DRINK CONTAINERS.**  
NO SORTING. NO LINE-UPS!

**NEED MORE HELP?**  
Email us at [customerservice@returnit.ca](mailto:customerservice@returnit.ca), call us toll-free at 1-888-390-2345, or visit [returnit.ca/support](http://returnit.ca/support).

Download the Return-It App on the App Store or Google Play.

**Return-It EXPRESS**



**EXPRESS IS EASY**

- 1 To get started, sign up for your free account at [return-it.ca/express](http://return-it.ca/express).
- 2 Bring your unsorted containers in clear plastic bags to the Express Depot or an Express & GO Station.
- 3 At the label stand, enter your account phone number, print your bag label and tag your bag. Each bag needs a label and you can print extra labels for future use.
- 4 Drop off the bag at the Express location.
- 5 We'll sort and count your containers and refund the deposit to your Return-It Express account.

**ACCEPTED CONTAINER TYPES**

Plastic: Drink Box, Bag-in-a-Box, Pouches, Soft Top, Aluminum, Bi-Metal, Glass, Ceramics

**10¢ DEPOSIT REFUND ON ALL ACCEPTABLE CONTAINERS**

For more info on deposit amounts for each container type, visit [return-it.ca/refunds](http://return-it.ca/refunds).

**IT PAYS TO RECYCLE**

After you make a return, we'll count your containers and credit your Express account within 10 business days. They can be transferred to your bank account through Interac e-transfer. For maximum transfer amounts and all other details, visit [return-it.ca/express](http://return-it.ca/express).

**EXPRESS TIPS**

**NO SORTING REQUIRED**  
Simply bring your labelled bags filled with unsorted containers to an Express location and we'll do the rest.

**BAG CONTAINERS IN CLEAR BAGS**  
Use clear or transparent recycling bags up to 90 litres in size. Bags are available for purchase at many grocery stores, drug stores, or hardware stores.

**GET YOUR ONE-TIME PIN**  
To drop off your bags at an Express & GO station, you'll need a one-time PIN. To generate your one-time PIN, log the 'Open Access Code' button in the Return-It app on your phone, or text your Express & GO Passcode to 778-600-5253 to receive it.

**USE MULTIPLE BAGS**  
To avoid bag tears from overfilling with heavy containers, consider splitting your containers into different bags. We require mixing in no more than 15 grams bottles along with your other containers in each Express bag.

## Another Fundraising Opportunity for your Consideration

At our January Zoom meeting, Lynne Cousins will be presenting to members the idea of a luncheon and fashion show to raise money for Scholarships and Bursaries. The event is meant for community members to come to the luncheon and fashion show to support scholarships and bursaries, but of course members are welcome to attend and bring friends. The proposed date and location is Tuesday, April 29<sup>th</sup> at the Kelowna Golf and Country Club. The golf club is closed that day which will allow for plenty of parking for attendees. The committee is proposing a cost of \$60.00 per ticket. Also proposed: a Silent Auction and a 50/50 draw.

# NEW MEMBERS



**NEW**

Marilyn Porter and Christine Wood are happy to let you know that we currently have 6 new members bringing our total membership to 70 women. Welcome to all of our new members! Here are two of our interesting new members:

## Meet Vi Sorenson

I spent 25 years in the non profit sector, working both with seniors and women and children. I love to travel, and plan to go to Europe later in 2026. Once we return, I am getting a mini Labradoodle! I enjoy reading, walking, hiking, road trips, the beach and discovering new coffee shops. I work part time and also volunteer on a couple of advisory councils, one provincial and one national, which means I get to meet people from throughout the country and to travel to new places. I have four children and three grandchildren. I grew up in the Kootenays and spent some years in New Westminister, Burnaby and North Vancouver, before moving here in 1989.

## Meet Cathy Burrell

Cathy Burrell is an author, consultant and Adult Educator living in Kelowna. I grew up in Calgary, Yellowknife and Abbotsford. My career was in fashion design and retail, owning 2 stores in Abbotsford and White Rock from 1990 till 2008.

I started writing more regularly after my mother died in 2000, and have been published in Macleans Magazine (Dear Aunty Mary) and The Globe and Mail (I thought Being Canadian was good enough to sell my book) My husband experienced a health crisis when he retired 2 years ago, and I started to think seriously about writing a memoir. 'Why Are You So-' was published in October 2023, and I have spent the last year signing books all over Western Canada. my website is:

[www.cathyburrell.com](http://www.cathyburrell.com) I love to travel, and walk and read.

# COMMITTEES - EDUCATION

## Education Committee News

### Gaming Grant Approved!



CFUW received an early Christmas present – our Gaming application was approved and \$10,000 has been deposited in our Education Gaming account! Gaming funds are used to help fund awards for students through the Okanagan College Foundation, Central Okanagan Bursary and Scholarship Society, and in the past, UBC Okanagan.

We also received this message from UBCO - "We are grateful for the generous support of the CFUW over the years. Since 2006, CFUW has supported graduate and undergraduate scholarships, and bursaries of over \$80,000 impacting several deserving student on their academic journeys. With nearly 20 years of support, THANK YOU on behalf of UBC Okanagan!" The majority of this money came from Gaming Funds.

### Okanagan College Awards Event

Marguerite Bilyk and Sheila Fergusson had the opportunity to attend the OK College Awards event on Nov. 20 as representatives of the CFUW Education Committee. We met three lovely women who were recipients of our awards.

- Abigail Cowden is an Entrance Bursary (Endowment Fund) recipient in the Certified Dental Assistant Program. She was very appreciative of our award as the cost of the program is over \$5500 plus supplies and equipment.
- Amina Ahmed is a married mother of three who is in the second semester of the Post Baccalaureate Diploma in Data Analysis and Economics. Her award was funded through Gaming.

# COMMITTEES - EDUCATION

- Kestra Bodor was awarded the Leigh Miller Therapy Assistant Award. Kesta is from Kamloops but commutes from Vernon daily to attend classes at the Kelowna campus. She intends to become a pediatric occupational therapist assistant. She was very grateful for the award. I was able to share some information with her about Leigh.
- We also received a thank you note from Jasmine Schwarting who received an Entrance Bursary award. She was unable to attend the event because of child care issues.
- Camryn Beer also sent a thank you note for her Entrance Bursary. She was unable to attend because she commutes from Lumby.

The College has changed the format of the Awards Event from CFUW presenting the cheques to the College distributing them at a different time. It is difficult for many of the students to attend the event. It was great to meet with some of our deserving award recipients. CFUW was able to award eight female students bursaries for this term.

Instead of cheque distribution, the program had a panel of four people talking about the College, and information about: the new Gastronomy building, Health and Wellness (Gym) Building and Aviation facility that are being built. If you would like to learn more about Okanagan College Foundation's impact on student lives as well as their annual Gratitude Report you can read the OC newsletter. The link is [okanagacollege.ca](http://okanagacollege.ca) and click on Media in the left corner. There is also an article on The Pantry, the student led initiative to support food and hygiene product access to OC students. This is the charity our Christmas stocking supported this year.

# COMMITTEES - EDUCATION

## Leigh Miller Memorial Award



**Kestra Bodor was presented with a \$1,000 bursary at the November awards ceremony, by two members of the CFUW Education Committee: (L-R) Sheila Ferguson, Kestra Bodor, Marguerite Bilyk.**

CFUW -Kelowna set up this one time bursary in memory of Leigh Miller, who was an active and valued member of CFUW Kelowna. The bursary was awarded to Kestra Bodor who is in her first year of the Therapist Assistant Diploma Program at Okanagan College. Kestra is an enthusiastic, caring student and we are proud to be able to give her this award in memory of dear Leigh. We were able to tell her about Leigh and her life. Kestra was honoured to be the recipient of the award.

### **Here is Kestra's thank you note:**

Thank you for your gracious donation to my education. After graduation I plan to pursue a career as a pediatric occupational therapy assistant. This bursary will help me immensely during my first year of studies. Again, thank you so much.

### **From Michael Kannemeyer (husband of Leigh Miller):**

How lovely to hear what the CFUW did in Leigh's memory. Brought tears to my eyes. I knew she was well liked, but this scholarship is a testament of her character. Thanks so much. I will send it to all my family and friends who knew Leigh

# COMMITTEES - WEBSITE

## A Message from our Web Master: Pam Laing

Thank you to those who have sent in information or photos for the website. Please keep them coming! You will see the update this month has many photos from our delightful Christmas luncheon at Tower Ranch Golf Clubhouse. I always need more photos to keep the website current and of interest. People won't visit repeatedly if nothing changes.

Talking of which, when was the last time YOU checked the website? Program information, Special Events, Interest Group activities and much more are all there on the public pages. Members' only pages are still accessed using the passcode kel234 Take a look and make a note to look every month. If you see any errors or have any suggestions for improvements please drop them my way. Thank you to Susan Bruchet for her help with the website, we work well together.

We are looking for a third person who would like to learn how to manage the website. If that person is you, let me know.

Pam Laing (250) 868-9924 / [pamlaing2309@gmail.com](mailto:pamlaing2309@gmail.com)



# INTEREST GROUPS

Our club offers a variety of Interest Groups for members. These groups facilitate friendships and collegiality among members who share a common interest. Any member may suggest the formation of an interest group and become the coordinator. Please contact Jeannette Mergens if you have an idea for a new group: [jfmergens@gmail.com](mailto:jfmergens@gmail.com)

The following are interest groups we had last year. You will note that some groups no longer have a coordinator. Please consider volunteering to be the coordinator for a group currently without one. The group cannot continue without a coordinator. More information on Interest Groups, as well as sign up sheets, will be available at the September General Meeting.

Adopt a Road – Susan Morrison  
Book Chains – Pam Laing  
Bridge – Cathy Richards  
E-Bike Riding – Lynne Cousins  
Evening Dining Out – Pat Brown  
Games & Grub – Charlene Hodgson  
Hiking - **Coordinator needed**  
Advocacy - **Coordinator needed**  
Knitters & Crafters – Linda Olinger  
Monthly Book Discussion Groups:  
    9:30 on the last Tuesday morning of the month: Brenda Gilbert  
    1:00 on the 2<sup>nd</sup> Tuesday afternoon of the month: Marilyn Porter  
    1:30 on the 2<sup>nd</sup> Thursday afternoon of the month: Jan Fraser, (at Summerwood):  
Out & About – Pat Scarlett, Susan Morrison, Linda Schillemore  
Out to Lunch Bunch – Charlene Hodgson & Linda Olinger  
Walking Group – Martha Jane Lewis



# INTEREST GROUPS – WALKING

## CFUW Friday Morning Walks: January and February 2026

Walkers meet at 9.30. Coffee starts at 10.30 or soon thereafter. In case of snow or icy surfaces, the backup plan is the indoor walking track at the Capital News Centre and coffee at Urban Fare. The walks are intended only for members of CFUW.

### JANUARY 2026

All walks in January will start at the MNP Centre, 4105 Gordon Drive. Those who wish to walk outside will head out together, others can use the indoor walking track at the Centre, where drop-in rates or punch cards are available. Coffee at Urban Fare, 3155 Lakeshore Road

### FEBRUARY 2026

**February 6,** Dolphins statue on Water Street, across from Prospera Place. Coffee at Franny's Coffee, 1320 Water Street.

**February 13,** Munson Pond. Meet at the parking lot at 1750 Munson Road which is a turnoff from Benvoulin Road. (There is also parking at the end of Burtch Road so park where you prefer but we will meet at the Munson Road parking lot to start with the walk). Coffee at Deli City, 1889 Springfield Road.

**February 20,** Downtown Library, 1380 Ellis Street. Coffee at the Bike Shop Café, 1357 Ellis Street.

**February 27,** Boyce-Gyro Beach Park, 3400 Lakeshore Road. Coffee at Urban Fare, 3155 Lakeshore Road



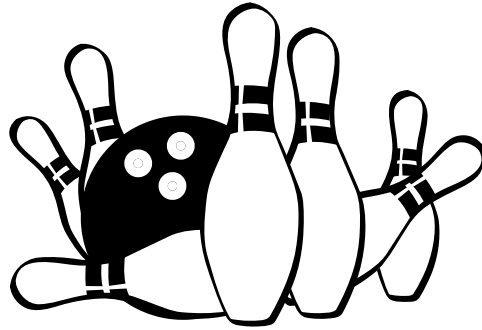
# INTEREST GROUPS - BOOK CHAINS

Remember to pass along your books about the middle of January and then the middle of February. As we will not be having an in-person club meeting in January you will need to contact each other to make arrangements. February's meeting is at lunchtime on February 16th, so if you will be there you can pass along your books in the usual way. Just ask if any books seem to be going astray or if you want to know what you should be receiving at any time.

Pam Laing [pamlaing2309@gmail.com](mailto:pamlaing2309@gmail.com) / (250) 868-9924



# OUT AND ABOUT EVENTS FOR EVERYONE



**Join us for the 3<sup>rd</sup> annual bowling day!**

**Wednesday January 21st at 10:30 am** at the Capri Lanes for 1.5 hours of bowling fun. Cost is about \$20 and includes shoes. Enter the mall by the main door, which is also the entrance to the Interior Health offices. Take the stairs down to the bowling alley. See you there!

**RSVP by Monday January 19<sup>th</sup>.**

Susan 250 762 8885 [smorrison@shaw.ca](mailto:smorrison@shaw.ca)

Pat 778 215 2567 [pscarlett@telus.net](mailto:pscarlett@telus.net)

Linda S. 250 870 6881 [linda\\_schillemore@telus.net](mailto:linda_schillemore@telus.net)



# CLUB COFFEE FUNDRAISER

## Try our Flavourful Coffee

**Femenino** coffee is grown by women on land they own and they receive a little extra per pkg above the fair trade organic price. The coffee is roasted in Salmon Arm by Shuswap coffee. And it is delicious! An agreed-upon amount from each item of coffee sold is contributed to CFUW Kelowna's Academic Awards programs. The sale of coffee generates a significant amount of money for the Awards program.

Full pound is \$20 and 10 oz is \$15. Regular and decaf coffee are available for purchase.

Will take cash , cheque or e-transfer [cfuwcoffeesales@gmail.com](mailto:cfuwcoffeesales@gmail.com)

To order, send an email to: [cfuwcoffeesales@gmail.com](mailto:cfuwcoffeesales@gmail.com) or call Jacki's cell number: 250 801 2041 .



# CLUB BUSINESS

## **CARP and CFUW Join Forces to Strengthen Advocacy for Women, Seniors and Social Justice Across Canada**

Please click on the link for further information :[CARP](#)

### **Articles for Newsletters**

Articles for the newsletter or the monthly information bulletin can be submitted at any time throughout the month to **Charlene Hodgson and Susan Bruchet**. The newsletter and monthly bulletin are published on alternate months and go out to members after the Executive meeting which is the first Tuesday of the month. Please keep this in mind when submitting articles. The Leadership committee has final editorial control.

Charlene: [hodgsoncharlene@gmail.com](mailto:hodgsoncharlene@gmail.com)

Susan: [susan\\_bruchet@hotmail.com](mailto:susan_bruchet@hotmail.com)



# FACES OF CFUW KELOWNA



A December walk along  
Candy Cane Lane



Linda Williams and Janet Bowes presenting  
our Christmas Stocking Donation to the  
Okanagan College Food Pantry



Members enjoying the delicious Christmas lunch



Walkers enjoying a coffee after a brisk January walk

# MEMBER'S CORNER



## **Our Sincere Condolences to Patricia Giannelia**

A Memorial Celebration, for her husband Wally Baker will be held on SATURDAY, MAY 30, 2026, at 1:00 PM, at Faith Lutheran Church, 250 Gibbs Road W, Kelowna, BC, with a reception to follow. A reminder will be sent out closer to the date. Wally's obituary is now posted on Castanet.



## **Okanagan Symphony Orchestra**

Open Dress Rehearsals

2 pm Friday February 6<sup>th</sup>

2 pm Friday April 10<sup>th</sup>



These dress rehearsals are held at the Kelowna Community Theatre and are open to the general public by donation (suggested \$25/concert).

For more information on the musical selections for the concerts, visit

<https://okanagansymphony.com/25-26-season-brochure/>

# MEMBER'S CORNER

If you are wondering what to do with greeting cards, egg cartons, and elastic bands, please save and give to me at club meetings! I can find homes for all. I also pass on ribbons, and other craft materials to a kindergarten teacher.

Susan Morrison 250 762 8885 if any questions, or can't make the meetings.

## Young at heart senior's Expo

**January 28, 2026. Coast Capri Hotel from 11 AM to 3 PM**

Grab a friend, get a free ticket and attend this exciting day dedicated to health, wellness, and community connection just for seniors! You can explore a variety of vendors showcasing the latest in health products and services. Discover invaluable community resources, join local clubs, and connect with others who share your interests!

There will also be games and a chance to win fantastic prizes throughout the day!

Visit their website for more information and to register [youngatheart.blackpress.ca/kelowna-2026](http://youngatheart.blackpress.ca/kelowna-2026)

## Club Calendars



Have a look at the following pages to see printable club calendars for January through May. Thank you to Linda Schillemore for creating these handy calendars.

# CALENDARS

## January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 5:45pm Evening Dining Out	2	3
4	5	6 7:00 Board meeting	7	8	9	10
11	12 1:00pm Bridge	13	14	15 1:00pm Book club	16	17
18	19 6:30 General Meeting via Zoom	20	21 3:30 Crafters/Knitters	22	23	24
25 1:30 Games and Grub	26 1:00pm Bridge	27 9:30am Morning book club	28 11:45am Out to Lunch	29	30	31

# CALENDARS

## February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 7:00 Board meeting	4	5 5:45pm Evening Dining Out	6	7
8	9 1:00pm Bridge	10	11	12	13 9:30am Walking	14
15	16 Noon Lunch Meeting	17	18 3:30 Crafters/Knitters	19 1:00pm Book club	20 9:30am Walking	21
22 1:30 Games and Grub	23 1:00pm Bridge	24 9:30am Morning book club	25 11:45am Out to Lunch	26	27 9:30am Walking	28

# CALENDARS

## March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 7:00 Board meeting	4	5 5:45pm Evening Dining Out	6	7
8 International Womens Day	9 1:00pm Bridge	10	11	12	13 9:30am Walking	14
15	16 6:30pm General meeting	17	18 3:30 Crafters/Knitters	19 1:00pm Book club	20 9:30am Walking	21
22 1:30 Games and Grub	23 1:00pm Bridge	24	25 11:45am Out to Lunch	26	27 9:30am Walking	28
29	30	31 9:30am Morning book club				

# CALENDARS

## April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 5:45pm Evening Dining Out	3 9:30am Walking	4
5	6	7 7:00 Board meeting	8	9	10 9:30am Walking	11
12	13 1:00pm Bridge	14	15 3:30 Crafters/Knitters	16 1:00pm Book club	17 9:30am Walking	18
19	20 6:30pm General meeting and AGM	21	22 11:45am Out to Lunch	23	24 9:30am Walking	25
26 1:30 Games and Grub	27 1:00pm Bridge	28 9:30am Morning book club	29	30		

# CALENDARS

## May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Walking	2
3	4	5 7:00 Board meeting	6	7 5:45pm Evening Dining Out	8 9:30am Walking	9
10	11 11:30am Spring Lunch	12	13	14	15 9:30am Walking	16
17	18	19	20 3:30 Crafters/Knitters	21 1:00pm Book club	22 9:30am Walking	23
24 1:30 Games and Grub	25 1:00pm Bridge	26 9:30am Morning book club	27 11:45am Out to Lunch	28	29 9:30am Walking	30