



September 2025 Newsletter



## September General Meeting New Beginnings Welcome



Join us as we start a new year of learning, participating, supporting and socializing! View our amazing 80-year history. Hear about our interest groups and educational scholarships. Meet our members.

**Wednesday, September 10, 2025 - 7:00 PM**

All Guests Welcome - Free Admission

St Mark's United Church 201 Centre St S, Whitby



[cfuw.oshawa@gmail.com](mailto:cfuw.oshawa@gmail.com)

<http://cfuw-oshawa-and-district.weebly.com>



**cfuw** OSHAWA  
AND DISTRICT



**Membership information:** annual dues are \$115. (no increase)

Dues for 2025-2026 are payable by October 31 at the latest.

Cash, or cheque to **CFUW Oshawa and District.** (no e transfers)



**Interest Groups**

**Janet N**

**Reading One**

**Barbara L**

Tuesday, September 16<sup>th</sup> at 1:30 pm

Host & discussion leader: JoAnne P

Book selection: *Blessings* by Anna Quindlen

**Book Chat**

**Jane R**

Wednesday, September 10, 10 am Discussion leader: Jane R Host: Judy H

Book selection: *I Must Say ... my life as a humble comedy legend* by Martin Short

**It's a Mystery**

**Mary K**

Please contact Mary

**Bridge Buddies**

**Karen D**

Please contact Karen

**Let's Do Lunch**

**Shared**

Lunch is held on the last Friday (sometimes Thursday) of the month at various local restaurants. Members take turns booking the monthly lunch and assembling a list of attendees so that the restaurant knows numbers to expect beforehand.

**Golf**

**Janet N**

Golf continues every Friday morning until the weather becomes too cold to play. New golfers are welcome. We play 9 holes, often followed by lunch.

**Advocacy**

**Donna H**

Do you like to debate and discuss current affairs? Are you a person who likes to be involved in positive change for our community and country? You may be interested in joining our Advocacy group. We meet monthly on Zoom. Next meeting TBA. Please contact Donna.

**Personal contact information of CFUW Oshawa and District members is considered confidential and not to be used for personal or business solicitation purposes.**



Cooler days are here but our golf group continues to play.

Janet N, Lynn P and JoAnne P enjoyed a morning  
at Spring Creek recently.

### 80<sup>th</sup> Anniversary Memories

I originally joined the Montreal Lakeshore CFUW in the late 1970s, then the Cornwall club and then the Oshawa and District club. I believe I found out about the club through friends in Montreal.

I have been involved in one of the reading groups, the walking group, and lunch group. I have also attended theatre events with the club.

Over the years I've been Membership Chair, Co-President, and Recording Secretary for both the Executive and the General Meetings. I have also been on several committees, including program, membership, publicity, advocacy and an ad hoc recruitment committee.

My memories of the club revolve around friendship. I am grateful to have made the most special friends who continue to be part of my life. I also value the work that we do in supporting education for women as well as other advocacy.

*Jennifer C*

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## **Three of our members attended the CFUW National AGM in July (virtual meeting)**

### **National AGM Opening Ceremony**

With the reading of the land acknowledgement and the singing of O Canada, the July 11, 2025, AGM started once again as a virtual event. There were the toasts to the King, the founders, and CFUW members. In Memoriam – one minute of silence- was followed by brief reports on the activities of the Alumnae group and Membership Committee. Haliburton, AFDU Montérégie, and Nepean clubs received the Membership award for welcoming the most new members. Grace Hollett reported on the International Relations Committee Awards. Club projects were reviewed; Nepean’s play “At Least She Didn’t Do Anything with It” was mentioned along with Oshawa’s multi-faceted celebration of its 80<sup>th</sup> Anniversary. Nepean’s play was presented followed by breakout groups to discuss issues raised in the play. Barbara Lewis of UCW Montreal sang a couple of selections, commented on the health benefits of music, and then led the members in singing “Hallelujah”. The evening ended at 8 pm with thanks to all organizers and participants.

*Submitted by Janet N*

## **DISCUSSION ON CANADIAN WOMEN IN POLITICS**

### **CFUW NATIONAL AGM - JULY 12, 2025**

Discussion participants were PAM DAMOFF, former MP for 10 years for Oakville North-Burlington, now Program Chair of Women and Gender Studies in Political Studies at the University of Saskatchewan, RACHAEL LOEWEN WALKER of the Women and Gender Studies program at the University of Saskatchewan who ran for the NDP in Saskatoon West in Spring 2025, and CHRISTINA M. SMITH, mayor of the City of Westmount in Quebec since 2017.

Pam said that she did not run in the last election because of the toxic nature in politics with people being bolder and more aggressive. This behaviour needs to be called out. Fewer women ran in the last election and politicians are not completing their mandates.

WHAT IS NEEDED? To get women into politics, parties need to approach women who work on issues with a specific ask and keep asking until successful. Women in politics need professional and financial support, positive experiences and a good campaign team. There should be campaign schools for candidates. The female candidates need to be prepared to work hard and have the confidence to ask for campaign funds. Municipal politics is a great place to start.

*Submitted by Jone W*

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**CFUW Policy Session    CFUW AGM 2025    Sunday, July 13, 2025    12:30 p.m.**

I attended this session of the AGM meeting via Zoom. It was attended by 147 CFUW members across Canada. Over 100 amendments were received by the seven member resolutions committee

**Resolution 1** – Addressing period poverty & menstrual inequity in Canada

Adopted

**Resolution 2** – Expanding access to sexual & reproductive health services    Adopted

**Resolution 3** – Supporting 2SLGBTQ + rights    Adopted – 1 opposed

**Resolution 4** - Strengthening the awareness and safekeeping of individuals and animals experiencing domestic violence    Adopted – 13 opposed

**Resolution 5** – Equitable phase out of fossil fuels    Adopted – 11 opposed

**Resolution 6** – Archiving select CFUW adopted resolutions    Adopted

**Resolution 7** – Affirming housing as a human right and social good    Adopted

The Advocacy Committee was authorized to correct any spelling, grammar or punctuation errors in the resolutions. There will be a Fall Advocacy Package sent out to clubs by CFUW National.

The next AGM National will be in person in Montreal from July 2—24, 2026.

*Submitted by Hedy G*

Community Care Durham is hosting a fundraising walk on Saturday, September 20, at Cullen Park Whitby from 9 AM to 12 PM.

Donna H is hoping to organize a group of walkers to support the many activities of Durham Community Care. Check out the link below to find out more information.

<http://communitycaredurham.on.ca/kmsforccd>

Contact Donna if you're interested.

National website:    [www.cfuw.org](http://www.cfuw.org)

Ontario Council Website:    [www.cfuwontcouncil.org](http://www.cfuwontcouncil.org)

CFUW Oshawa & District    <http://cfuw-oshawa-and-district.weebly.com>

The Ontario Council newsletter is available on-line on their website

The CFUW Club Action newsletter is available via the sign-up link on their main website.

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**Newsletter**
**Barbara L**

Please submit all newsletter items to [barblewis@rogers.com](mailto:barblewis@rogers.com)

Items for the October newsletter should be received by Saturday, September 27<sup>th</sup>

**Friendship**
**Maureen A**

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A who will advise all members through an email from Barb L and send an appropriate card on our behalf.

**Board Members 2025 - 2026**

President	
Vice-President	
Past President	Donna H
Treasurer	Joyce F
Membership	Hedy G
Advocacy / Zoom Team	Donna H
Social	Pamela & Sheila S
Program	shared
Publicity	Jone W
Scholarship	Sharron B
Newsletter	Barbara L
Board Recording Secretary	Melanie K
General Recording Secretary	shared
Archives/Webmaster	JoAnne P
Interest Groups	Janet N
Friendship	Maureen A

Bring your gently used books, **fiction or non-fiction** only,  
 to the next general meeting on Wednesday, September 10<sup>th</sup>.  
 Please no large coffee table books. Books will be sold @ \$3 each.  
 We will also have our regular Happy Bucks that evening.



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