



**cfuw fcfd**  
CORNWALL AND DISTRICT

**DISPATCH**  
**SUMMER 2025**  
**Issue 21**

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**You're Invited!**  
**CFUW Cornwall & District**  
**70<sup>th</sup> Anniversary Celebration**  
**Saturday, September 20<sup>th</sup>, 11:30 am**  
**Platinum Gala Luncheon at**  
**Tauro Restaurant and Fine Dining**

**Our guest speaker will be:**

**The Honourable Bernadette Clement, Senator**

*CFUW Cornwall & District Chapter will be celebrating 70 Years of Women Making a Difference! Mark your calendars for Saturday, September 20, 2025 at 11:30 am as we kickoff a year of celebrations at our Platinum Gala Luncheon at Tauro Restaurant and Fine Dining, 903 Brookdale Avenue.*

**MENU**

**Salad:** Choice of Caesar or Garden  
**Main:** Chicken Sonoma or Mediterranean Fish  
**Dessert:** Creme Brulé or Chocolate Mousse  
*Coffee/Tea and a cash bar will be available*

*Ticket Price: \$50.00 each*

*Tickets are available from the following members:*

- Lois Scammell
- Jennifer Adams
- Jo Sheppard

***To purchase a ticket please contact one of the above club members. Tickets can be purchased by cash or cheque. We understand summer is a busy time, so we will accept e-transfers. Please contact Lois, Jen or Jo prior to sending an e-transfer or to arrange for a ticket and to provide your menu choices. THE DEADLINE FOR TICKETS IS SEPTEMBER 8<sup>TH</sup>.***

*CFUW Cornwall & District will be planting a tree in Lamoureux Park to commemorate our 70<sup>th</sup> anniversary. See page 3 for details.*

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## President's Message



As a new year starts for CFUW Cornwall & District, my thoughts turn to our support in the education of girls and women, empowering them to make transformative change in the world. Our support aids in the achievement of educational and economic equality and social justice. Locally we have made an impact with our Scholarship fund, and the annual bursaries that we provide to young women as they move from high school to post-secondary education.

In July the news media reported that funding decisions in Ontario's government are drastically affecting post-secondary education, the programs that they are able to offer, and the staff that they are laying off. The changes are affecting students, staff, and communities at large. St. Lawrence College (SLC) announced the suspension of 55 programs across its campuses in Cornwall, Brockville and Kingston. They confirmed more than 120 jobs are being cut to address a \$25 million deficit. SLC is repositioning its Cornwall and Brockville campuses as Learning Centres, which reduces access to student services, including library services.

More recently, an article in the Seaway News reported on the Ontario government seizing School Boards including the Toronto District School Board, and the Ottawa-Carleton School Board, allegedly due to "mismanagement" by the School Boards themselves.

Education is not being treated as a priority. The cuts in funding are accruing and are not only an issue for this year, it is a compounding problem. Education of the younger generation will have a far-reaching impact for years to come. The most vulnerable and the less abled will feel the impact first as School Boards have to do more with less funding. With larger class sizes, staff shortages and staff retention become more common. Poor education leads to disempowerment, economic inequality, and social injustice. The decisions being made now will have a lasting impact on our communities, our health care, our province, and our place in the global market.

If you would like the Ontario government to increase funding for Education, please write to your MPP. You can find your MPP, and their contact information, here:

<https://www.ola.org/en/members/current>

**CFUW 2025-2026****Executive Committee**

President: Beth Grant  
 Vice-President: *Position Available*  
 Past President: Josephine Sheppard  
 Recording Convenor: Elaine Kennedy

Treasurer: Betty Eadie  
 Programme: Peggy Campeau  
 Heather Megill  
 Membership: Francine Patenaude  
 Valerie Johnson  
 Communications: Carol Esdale  
 Archives: Barbara Summers  
 Resolutions: Elaine Kennedy

Scholarship Committee: Sheila Casgrain  
 Media Liaison: Josephine Sheppard

CFUW Cornwall & District Website <https://www.cfuwcornwall.com/>  
 email: [cornwallcfuw2020@gmail.com](mailto:cornwallcfuw2020@gmail.com)

CFUW Ontario website  
<https://cfuwontcouncil.org/>

CFUW National website  
[www.cfuw.org](http://www.cfuw.org)



**Join CFUW Cornwall & District on Tuesday, September 23<sup>rd</sup> at 10:00 am in Lamoureux park as we plant a tree to commemorate our 70<sup>th</sup> anniversary.**



**If you would like to join us for coffee at Craftmans Café (35 Second St. E., the old Grind) after the tree planting ceremony, please let us know at [cornwallcfuw2020@gmail.com](mailto:cornwallcfuw2020@gmail.com) so we can make reservations.**

## Upcoming CFUW Cornwall & District Meeting and Event Dates

### September 6, 2025

#### Excursion to Akwesasne Pow-Wow

**Place:** Lamoureux Park

**Time:** Meet at 11:45 at the Clock Tower.

**If you would like to join us, please let us know so we will wait for you.**

[Cornwallcfuw2020@gmail.com](mailto:Cornwallcfuw2020@gmail.com)

### September 20, 2025

#### 70<sup>th</sup> Anniversary Celebration

**Place:** Tauro Restaurant

**Time:** 11:30 am



**The deadline for ticket purchase is September 8<sup>th</sup>.**

### September 23, 2025

#### 70<sup>th</sup> Anniversary

#### Commemorative Tree Planting.

**Place:** Lamoureux Park

**Time:** 10:00 am

**The exact location in the park will be communicated closer to the event.**

### October 28, 2025

**Topic:** Brain Health

**Speaker:** Josée Desrochers

**Place:** Quinn's Inn, St. Andrew's

**Time:** 6:00 pm

***Each issue of the CFUW Cornwall and District Dispatch will feature an autobiography of one of our members. We hope that this will help us to get to know each other a little better. We invite all members to submit a photo and a brief autobiography for publication in a future edition of the Dispatch. We all have a story and we'd like to hear yours!***



### **FRANCINE PATENAUDE, Co-Chair of Membership**

I was born October 1<sup>st</sup>, 1944, in Verdun, Quebec. At 16 years old, the first day after high school was over, I went to put in my application at the five banks that had their head office in downtown Montreal. The next day all five banks called home to offer me a job. I chose the biggest, the Royal Bank after promising my Dad that this would be a summer job and that I would go back to school in September. Well, that did not happen, I immediately loved working in the banking environment and was told that it was all up to me if I wanted to get advancement within the bank by following their program. Their program started with attending courses at HEC

(Hautes Etudes Commerciales) one night a week where it took forever to finally obtaining a Degree in Marketing.

After working in three different branches, I was transferred to the new Visa Service as a Sale Representative where I had a car supplied by the bank and I went on selling Visa to the retailers. After a short time, I became the Sales Manager of the Eastern Visa Centre (Eastern Ontario, Quebec and the Maritimes), I had 21 persons under me. One day, the Vice-President of the Visa Services walked in my office and asked me if I would consider accepting a job in Head Office (the Boys Club) that would require travelling across the country??? I got to manage the Cash Counter devices installed at retailer sites across Canada. Not long after, I became Manager of sponsoring smaller financial institutions into the Visa Network. My last job with the Bank was Managing the Interac and Plus Networks where I had to attend out of country conferences a few times a year. I retired October 31<sup>st</sup> 2000, with a full pension, I was 56 years old.

On the personal side, I was married at 20 years old and divorced 10 years later (my decision). I had a second relationship that lasted 8 years (my decision). I never had kids, again my decision, I wanted a career. In 1981, I bought a house that I kept for 22 years. In February 1984, I met my present husband on a ski hill in Mont St Anne Quebec. We had a long-distance relationship for many reasons (my job, his house full of kids and our eagerness to make it right this time). We enjoyed many things together, like downhill skiing and boating where our last boat took us all the way down to the Caribbean. In 1998, we got married in St. Antoine on the Richelieu River, in Quebec. In 2003, we bought a house together on Chelsea Crescent where we have been living since. My husband had 6 kids that gave us 12 grand-children and 6 great grand-children. After 41 years, they are all mine and I have now time to enjoy them all. The main reason I joined the CFUW is because this organization promotes EDUCATION to young girls, because I have a strong belief that this is the way to independence.



## VALERIE JOHNSON, Co-Chair of Membership

I was born in Hamilton, raised in Burlington by a Mom and Dad who had little education but a hard work ethic. They insisted education was vital to our future. Consequently, I graduated from Women's College Hospital School of Nursing as a RN in 1971. My sister graduated from medical school at Queens University and became an Emergency Physician and my brother graduated from Cornell University with Business degree and became an NHL hockey player.

I worked for 44 years in various nursing positions: staff nurse, team leader, head nurse, assistant director of nursing, quality assurance coordinator and occupational health nurse. All the while I kept going to school and graduated with my BScN and Occupational Health and Safety. My husband Dale and I have spent 54 enchanted summer vacations at our remote cottage in Rouyn Noranda, Quebec.

My passions are eating healthy fresh food, dabbling in various handicrafts, science and reading good books as often as I can!

I look forward to new experiences and new friends at CFUW.



### Save the Date!!!

This year's **CFUW Holiday Auction** finale will be held on **November 26<sup>th</sup>**. It's never too early to start thinking about what you'd like to donate.

*Do you like to **bake**? How about contributing some special Christmas cookies?*

*Do you like to **entertain**? How about designing an enjoyable afternoon event?*

*Do you like to **shop**? How about offering a gift certificate to a Cornwall business?*

*Do you like to **drive**? Why not offer your transportation services?*

**We know that our members are a creative group. Let's see what we can come up with.**

**Your donations for the Holiday Auction can be submitted starting October 23<sup>rd</sup>.**

### Fee for 2025-2026

***The club fee for 2025-2026 is \$115.00. If you have not yet paid your fees for the 2025-2026 club year, please send your fees in the form of a cheque made out to:***

***"CFUW-Cornwall & District" and mail to our treasurer Betty Eadie .***

# Scholarship Report

The final list of recipients for 2025 is as follows: Lilyanne Legue (La Citadelle), Graciala Mensah (L'Héritage), Camille Tardif (Le Relais), Sadie McRae (Char-Lan), Jada Campbell (Glengarry District), Kaylyn Gravelle (Seaway District), Morgan Fisher (St. Lawrence), Emma Bell (North Dundas), Sydney Stang (St. Joseph's), Kaitryn Allen (Holy Trinity), Talia Crooke (Tagwi), Areesha Ameer (Cornwall Collegiate and Vocational School).

There were no recipients from St. Matthew's Catholic Secondary School or T.R. Leger School this year.

A Club member presented the award at all but one of the twelve schools. Thank you to all who volunteered to participate in this way.

The Media Liaison Committee took on the task of organizing a group of Club volunteers to deliver signs to 2025 recipients and photos were posted (with their permission!) on Facebook (CFUW private account) and Instagram. Again, this sign initiative serves to significantly raise CFUW Cornwall and District Chapter's visibility in the area.

Finally, many thanks to the owners of Nickel and Ore, Carolyne O'Reilly and Jocelyn Nicholson and their staff members.

The Scholarship Fund received the \$1,200 proceeds from their May Fashion Show. A number of Club members attended and commented on how much they had enjoyed their evening of delicious appetizers and fashion as well as fun and laughter! A generous and much-appreciated gesture by Nickel and Ore.



Camille Tardif  
Le Relais



Jada Campbell  
Glengarry District HS



Graciala Mensah  
L'Heritage



Kaylyn Granville  
Seaway DHS



Sadie McRae  
Char-Lan



Talia Crooke  
Tagwi SS



Sydney Stang  
St. Joseph's SS



Emma Bell  
North Dundas HS



Lilyanne Legue  
La Citadelle



Areesha Ameer  
CCVS



Morgan Fisher  
St. Lawrence SS



Kaitryn Allen  
Holy Trinity SS

# Delivering Lawn Signs to our 2025 Scholarship Recipients – so many happy faces!



Graciala Mensah – Ecole secondaire publique L’Héritage, with Suzanne Osborne



Kaylyn Gravelle – Seaway District High School, with Barbara Summers



Jada Campbell – Glengarry District HS, with Ginny Winn



Morgan Fisher – St. Lawrence Secondary School, with Suzanne Osborne and Jackie Fraser



Lilyanne Legue – La Citadelle



Sadie McRae – Char-lan District HS, with Sheila Casgrain



Sydney Stang – St. Joseph’s Secondary School



Kaitryn Allen – Holy Trinity Catholic Secondary School

# Spring Fashion Show At Nickel & Ore



Nickel and Ore would like to take this opportunity to thank all the lovely ladies who attended our third Annual Spring Fashion Show on May 28<sup>th</sup>, 2025. It was a night of beautiful clothing, yummy food, and lots of laughter.

This year, we have the honor of donating \$1200.00 to the Canadian Federation of University Women of Cornwall and District Scholarship Fund. This money will be presented to a graduating female student from SDG for her future studies.

Thank you to all involved in making this night such a success!

*Thank You*



## May 2025 Cornwall and District AGM



### Book of Honour

The many important contributions of Carol Smith were recognized at the 2025 AGM by adding her name to the Book of Honour.

Carol has been affiliated with the CFUW Cornwall and District Club for almost fifty years. She has always taken an active role in the Club. Over many years she has volunteered to attend and assist with many of the Club's community initiatives and is a former Club treasurer.

Currently Carol fills several vital Club roles. She is Treasurer of our Scholarship Committee and oversees the management of the Scholarship Fund. She is a longstanding member of the Program Committee and produces our yearly program schedule. She is Co-leader of the Outdoors Group and enjoys being a member of the Gourmet Group.



The following 2024 Scholarship Recipients joined our AGM:

Josée-Rae Labelle, Leila Grant, Sarah Spicer, Emily McOuat and Emma Passfield.



### Dr. Mary Ann Perron

Thank you to Dr. Perron, speaker at the 2025 AGM, for a fascinating talk.

Dr. Perron is the scientific lead for the Great River Rapport at the St. Lawrence River Institute and works with a team of scientists to calculate a suite of ecological indicators to describe the health of the Upper St. Lawrence River.



## CFUW National News

Please right click on each link and then click “Open Hyperlink” to read about each topic.

### CFUW 2025 Virtual AGM & Conference Recordings

[CFUW 2025 Virtual AGM & Conference: Opening Ceremony & Awards](#)

- [O Canada - A Prelude and Anthem](#)
- [CFUW Nepean: \*At Least She Didn't Do Anything with It\*](#)
- [What to Do When You Feel Empty Inside - Barbara Lewis](#)

[CFUW 2025 Virtual AGM & Conference: Speaker Panel - Canadian Women in Politics](#)

[CFUW 2025 Virtual AGM & Conference: Business Meeting](#)

[CFUW 2025 Virtual AGM & Conference: CFUW Charitable Trust Brunch & Speaker - Women's health and Alzheimer's disease: Investigating the critical window of menopause](#)

[CFUW 2025 Virtual AGM & Conference: Policy Session](#)

### Important CFUW National links:

- **New -** [CFUW FAQ Page](#)
- [CFUW Member's Drive Resource Document](#)
- [CFUW Member's Drive](#)
- [Zoom Request Form](#)
- [CFUW Newsletter Archives](#)

### Advocacy Update:

With the passing of [Resolution 3: Supporting 2SLGBTQ+ Rights](#) at last week's CFUW 2025 Virtual AGM & Conference, the National Office wanted to highlight some resources to promote diversity and inclusion within CFUW Clubs.

[CFUW Diversity & Inclusion Policy and Toolkit](#)

[The 519: LGBTQ2S Glossary of Terms](#)



Keep up-to-date with all the news from CFUW National by subscribing to the CFUW National Club Newsletter. All local members are encouraged to subscribe via [www.cfuw.org](http://www.cfuw.org). Simply click the box that says “Subscribe to the CFUW Club Action Newsletter”.

Sign up for the CFUW Ontario Council news via: [www.cfuwontariocouncil.org/oc-news](http://www.cfuwontariocouncil.org/oc-news) and then press **Sign Up Today** for the link to subscribe to the newsletter.

## Holiday Auction Fun

*From kayaking on the St. Lawrence to baking Taralli to solving murders western style, winners of experiences in the 2024 Holiday Auction had a ball!*

*You, too, can enjoy fun times like these, just bid high and bid often in our upcoming 2025 Holiday Auction. Details are in the Holiday Auction Calendar on page 14.*



## OUTDOORS GROUP

The Outdoors Group invites you to join us for fun and exercise. For more information, please email either:

Hilary or Carol Smith



## EXCURSION GROUP



**Future excursions will include:**

**September 6, 2025**

**Excursion to:**

**Akwesasne Pow-Wow**



**Place:** Lamoureux Park

**Time:** Meet at 11:45 at the Clock Tower.

**If you would like to join us, please let us know so we will wait for you.**

[Cornwallcfuw2020@gmail.com](mailto:Cornwallcfuw2020@gmail.com)

**Visit to a local landfill and composting site (Fall-2025).**

Keep an eye on your inbox for information about a visit to a local landfill and composting site!



## GOURMET GROUP



In June, the Gourmet Group enjoyed a Spanish themed "Memories of Spain" menu.

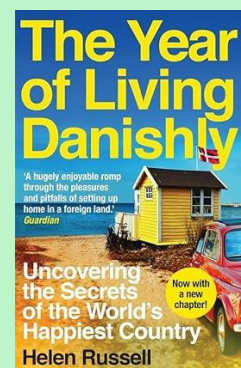
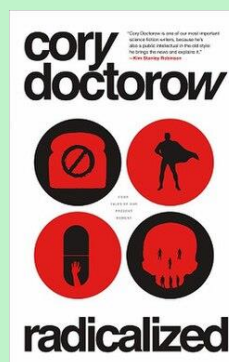
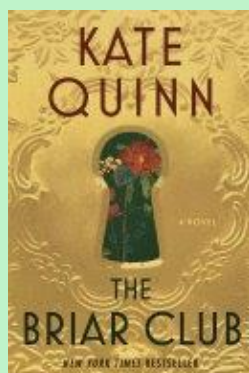
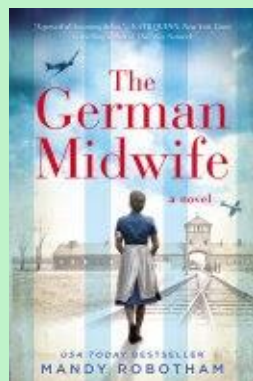


Tapas and Sangria  
Baked Cod  
French Green Beans  
Spanish Rice  
Focaccia Bread  
Almond Surprise

If you are interested in discovering more about the Gourmet group, please contact Linda Oathwaite.



## BOOK CLUB







CFUW Book Club schedule for the next four months:

- September 12<sup>th</sup>, 11:30, **The German Midwife**, by Mandy Robotham, discussion leader Ruth Pollock.
- October 10<sup>th</sup>, 11:30, **The Briar Club** by Kate Quinn, discussion leader Susan Kail.
- November 14<sup>th</sup>, 11:30, **Radicalized** by Cory Doctorow, discussion leader Beth Grant.
- December 12<sup>th</sup>, 11:30, **The Year of Living Danishly** by Helen Russell, discussion leader Louise Larose.

Meetings take place at the Best Western, where we enjoy lunch together as we discuss the current book. If you would like to join us, please email Carol Esdale.

## CFUW Holiday Auction Calendar of Events: November 2025

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|---|--|---|---|---|--|--|
| 9   | 10   | 11  | 12  | 13  | 14   | 15   |
| Submission of auction items continues (starts on <b>October 22</b> )                | An email will be sent to all auction item donors to let you know that your donation has been received.                               |    | <b>Deadline for submission of auction items</b>   |   |  |  |
| 16  | 17   | 18  | 19  | 20  | 21   | 22   |
|   | A PDF document listing the items up for auction will be sent to all members via email.<br><br><b>Feel free to forward to guests.</b> | Bidding starts today. Place your bids between noon and midnight.<br><b>BID HIGH AND BID OFTEN!!</b><br><br>(See Auction Guidelines below) | Check your email for updated maximum bids so far.<br><br>Place your bids between noon and midnight. | Check your email for updated maximum bids so far.<br><br>Place your bids between noon and midnight.             | Check your email for updated maximum bids so far.<br><br>Place your bids between noon and midnight.                            | Check your email for updated maximum bids so far. Bid between noon and midnight.<br><br><b>This is the last day to bid.</b>  |
| 23  | 24   | 25  | 26  | 27  | 28   | 29   |
|  |   | <b>CFUW Holiday Auction Finale at St. Matthew's Church at 6 pm 😊</b>  | Lucky auction item winners who were not present at the In-Person Finale will be notified by email.  | Auction participants notified by email will send cheque to Betty Eadie, payable to "CFUW - Cornwall & District" | After Betty receives payment for your auction item, you will receive information via email re pick up or delivery of the item. | <b>Happy Holidays Everyone!</b><br><br> |

### Auction Guidelines:

- When you receive the PDF Auction document on your email on November 17th, if you wish to place a bid on any item, simply press the "Reply" option (**NOT** the "Reply All" option) and specify who you are (and whose guest you are, if appropriate), what item you are bidding on, and the amount. You will **NOT** be able to write your bid on the PDF auction document yourself. The Auction committee will update the PDF document daily with the highest bid for each item as indicated in the calendar above. The updated document will be sent to you by noon the following day.
- The lucky final successful bidders will be announced on November 25th during the Holiday Auction Finale.
- If you are the lucky successful bidder and you are present at the Holiday Auction Finale, please pay for your item with cheque or cash at the event. You will receive your item, or information re how to retrieve it.
- If you are the lucky successful bidder and you are NOT present at the Holiday Auction Finale, you will receive information via email on November 26<sup>th</sup> re how to pay for and retrieve your item.
- All cheques should be made out to "CFUW - Cornwall & District" and given to our treasurer Betty Eadie during the Holiday Auction Finale, or mailed to: Betty Eadie, 1250 Daly Avenue, Cornwall, ON, K6J 4W4.
- If a guest is the successful bidder, the CFUW Cornwall & District member is responsible for arranging pick up or delivery of the item to their guest.
- In the event that the highest bids are tied, the email bid of that value received **first** during the designated bidding hours will be the winner.
- Members of the auction committee will refrain from placing bids on the last bidding day, November 22nd.